

# Tailoring Your Knowledge Translation Strategies for Your Intended Users

KTDRR's 2023 Virtual KT Conference

November 6, 8, and 9

Center on  
**KNOWLEDGE TRANSLATION FOR  
DISABILITY & REHABILITATION RESEARCH**

# Advances in Knowledge Translation: Principles and Practices

Presented by: Drs. Marianne Farkas and Marsha Ellison



**Presented at: KTDRR's 2023 Virtual Knowledge Translation Conference,  
November 2023**

## Acknowledgements

The contents of this presentation were funded by the National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR), Grant #90DPEM0004.

NIDILRR is a Center within the Administration for Community Living (ACL). ACL is in the Department of Health and Human Services (HHS). The contents of this presentation do not necessarily represent the policy of NIDILRR, ACL, or HHS and you should not assume endorsement by the Federal Government.

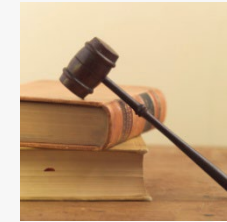
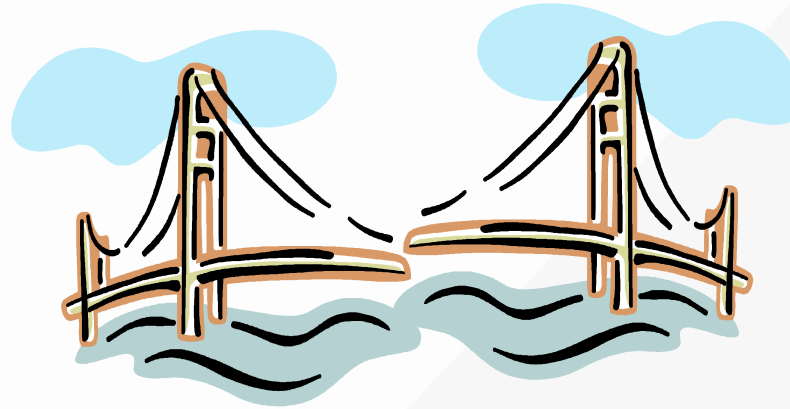


Center for Knowledge Translation on Employment Research

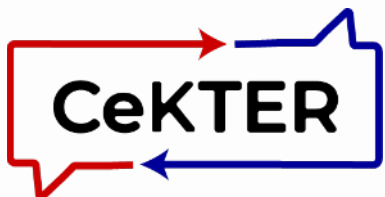
# KT: Described as the bridge between discovery and impact



Research Outputs



Research impacts



**The pathway to impact (and equity):** KT/ (D+I) practice and research)

Center for Knowledge Translation on Employment Research

# Trends in KT Practice

## 1. End of grant KT

- The researcher develops and implements a plan for making knowledge users aware of the knowledge generated through a research project.

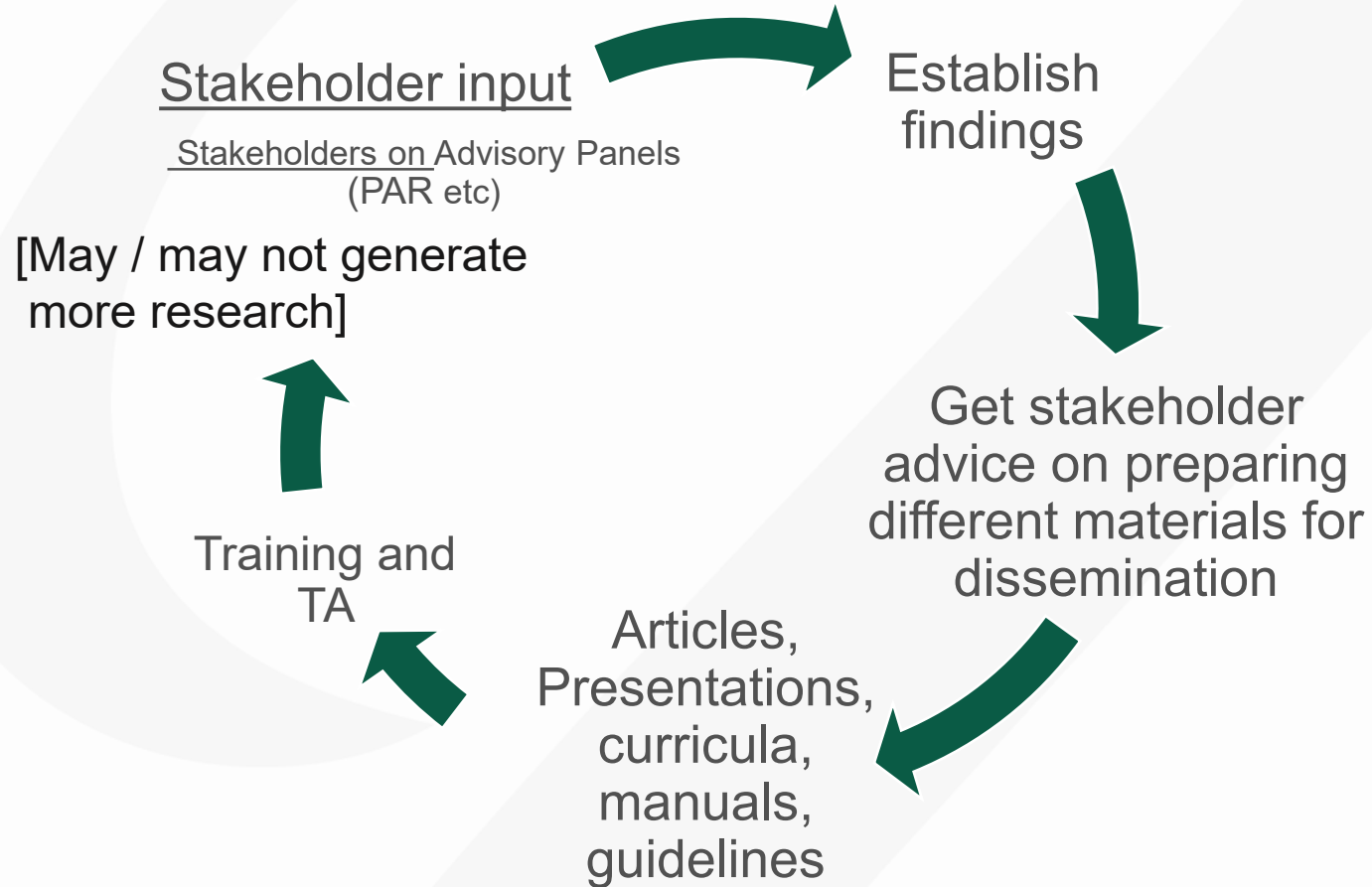
## 2. Research coproduction/KT

- Research approaches that engage potential knowledge-users as partners in the research process.
- Collaborative or participatory approach to research and KT that is action oriented and solutions- and impact-focused.

## 3. KT/implementation science

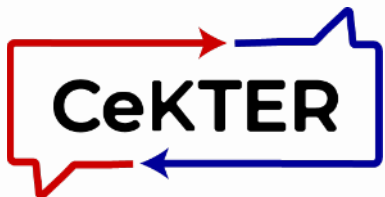
- The study and practice of promoting uptake of research/knowledge in daily use

# Common Current KT Process



# Some Advances

- Implementation frameworks
- Complexity theory



## What's Implementation Science Got to Do with it? Beyond Awareness



*We used to focus on awareness and use of information for decision making.*

*Now the focus is more and more about about what it really takes to promote uptake and integration of a new practice.*

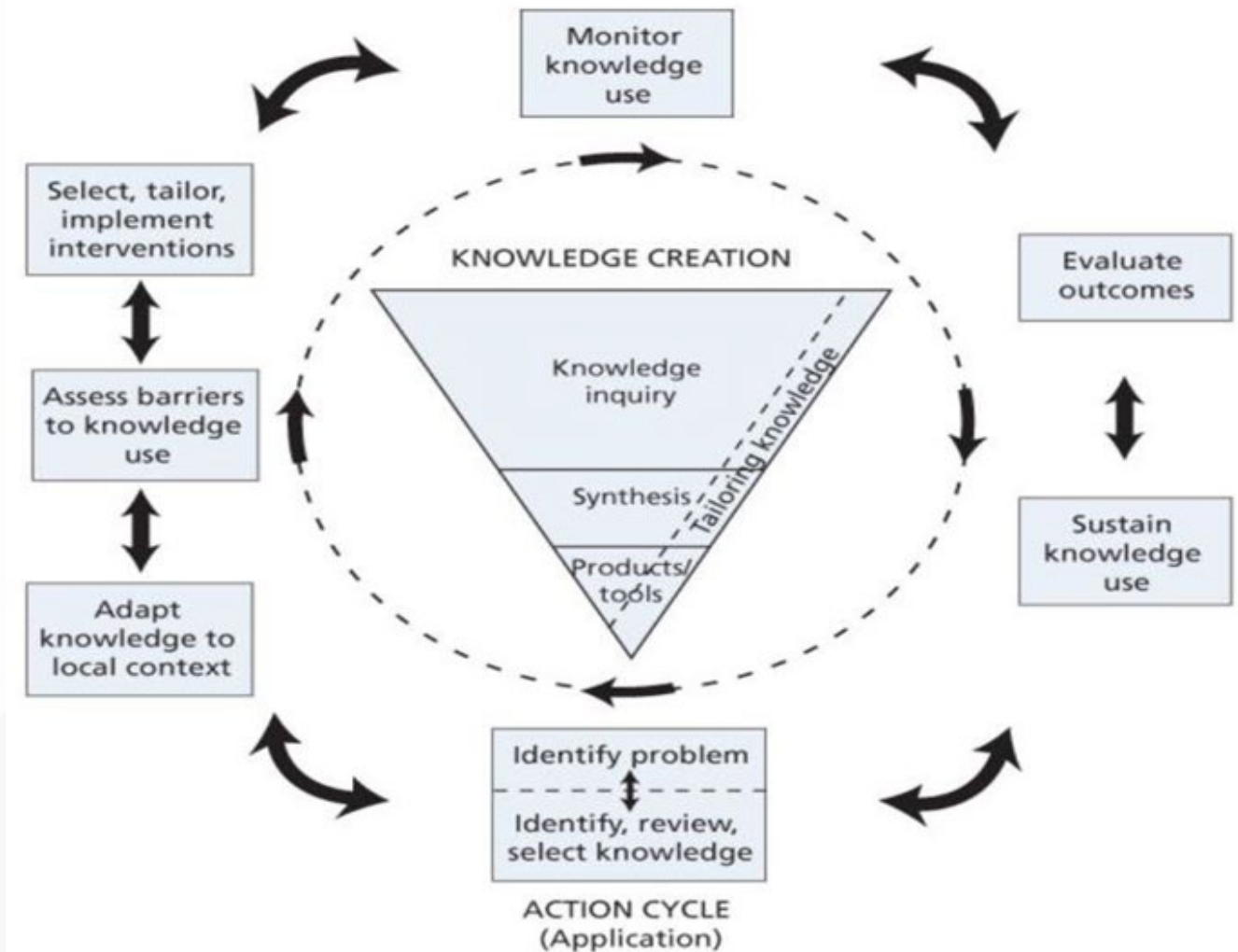
*Different frameworks have been developed to help the process.*



# Knowledge-to-Action Framework (KTA)

- Most frameworks are descriptive (e.g. CIFIR, Damschroeder 2009).
- KTA breaks down the implementation process into 7 actionable phases.
- Unique – begins with a guide for how to identify the research/practice gap – through to sustainment.

Graham et al., 2006



# Complexity Theory and KT

- Flow of information, new ideas, behaviors almost a living organism/organisms, with multiple sources of influence
- Clusters of processes within networks that interact with each other and across systems, with agents of change working within and at the interface of these systems (e.g. research, government, community, end users, etc)

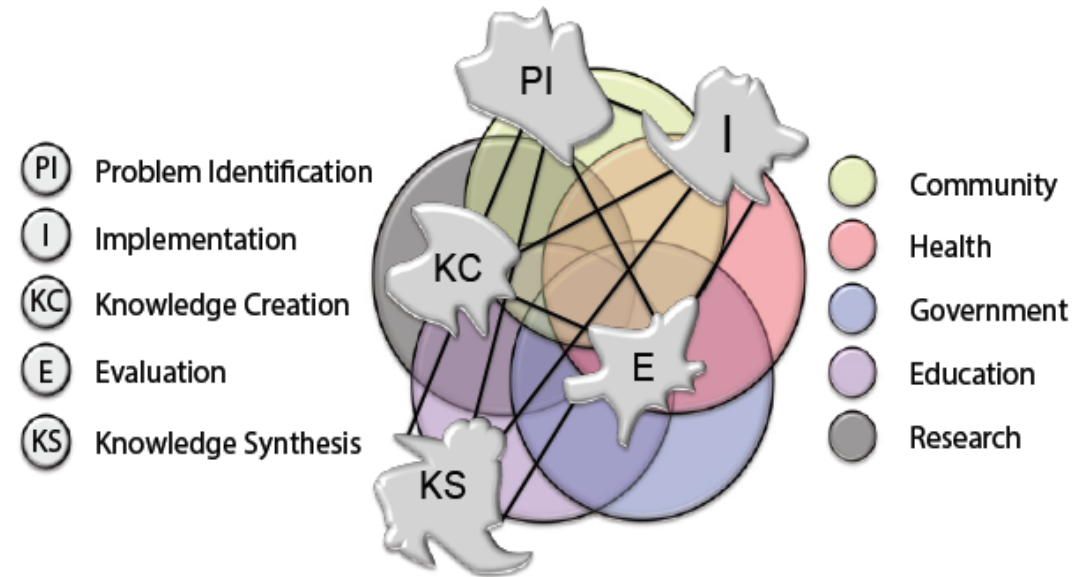
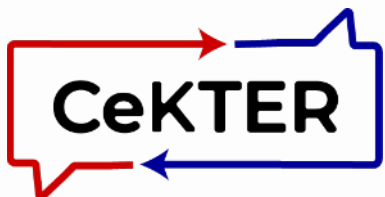


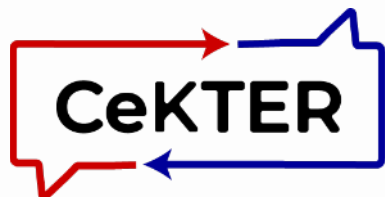
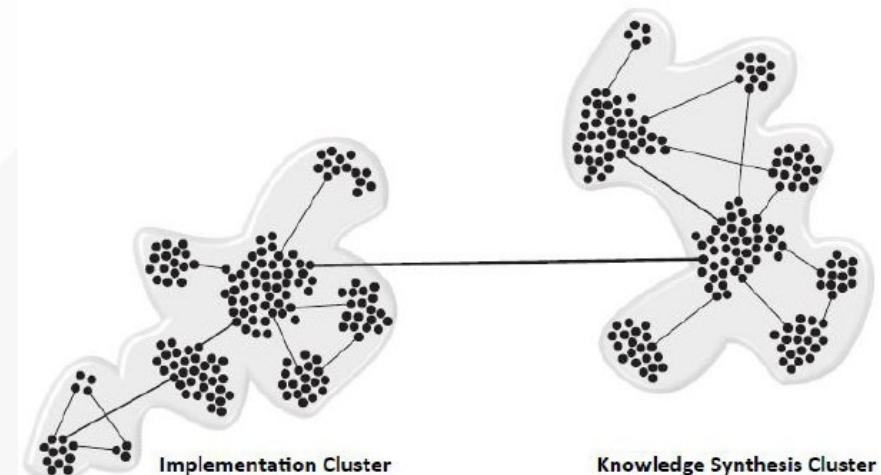
Figure 3. Current Knowledge Translation (KT) Complexity Network Model.

Kitson, Brook, Harvey, Jordan, Marshall et al., 2018



# Complexity Theory and KT (cont'd)

“(The) direction of information/behavior change is dependent upon the decisions and actions of individuals and teams who can connect into, across and between multiple networks in order to achieve a desired outcome (adaption or acceptance of new knowledge).” (Kitson et al., 2018)



# CeKTER: The 4 E's of KT



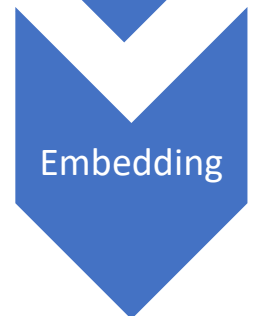
- Dissemination Products, Brief TA
- KT Academy Brief Courses



- KT Academy Series (3–5 sessions)
- Brief TA



- Communities of Practice
- Coaching



- Coaching

(Farkas et al, 2003, 2020)

# KT Academy

- Courses on Dissemination and Implementation
- Exposure Courses
- Experiential Courses
- Live and Archived
- <https://www.umassmed.edu/ceker/kt-academy/>



Is the NARIC team at the top of your dissemination list?  
Do you know how to work with them to reach more stakeholders?

**CeKTER** **KTAcademy**

**"Add NARIC to Your Toolkit – How the NARIC Team Can Support Your Knowledge Translation Efforts"**

The National Rehabilitation Information Center (NARIC) has served as NIDILRR's library and dissemination center since 1977, supporting the grantee community in getting their research to the stakeholders who need it most.

In this webinar, you'll meet key members of the NARIC team and learn how you can add their publishing, social media, database, and web channels to your KT toolkit.

Register for Webinar by clicking [HERE](#) or by going to:  
<https://boston.zoom.us/webinar/register?wmlUpelUq7DRISLpD9eCOCA>

Join us:  
June 16th, 2023  
• 1:30 pm - 2:30 pm EST

**CeKTER**

The Knowledge Translation (KT) Academy at CeKTER presents

**"Equity in Implementation Science" Webinar**

This webinar is the first offering in the Knowledge Implementation Track of the KT Academy at the Center on Knowledge Translation of the KT Academy and will address the topic of Equity in Implementation for employment-focused NIDILRR grantees, and their related collaborators. The presentation will explore the concept and strategies for promoting equitable implementation science and will be led by Dr. Ana A. Baumann, a leader in the field of health disparities, dissemination, and implementation research.

**July 15, 2021 | 2-3PM EST**  
**Register for Webinar**

This webinar is for researchers and their collaborators working on knowledge translation of findings of topics related to employment and individuals with disabilities. In addition, anyone interested in equity in implementation science is welcome to participate.

**Ana A. Baumann, PhD.**  
Dr. Ana A. Baumann is a Research Assistant Professor at the Boston Center for Disability Studies at Boston University. She is a research scholar focused on identifying strategies to increase the dissemination and implementation of evidence-based interventions in low resource settings. She is currently and formerly, Dr. Baumann is a former director of the Center on Knowledge Translation and Implementation Research at Boston University. She is currently a senior research advisor at the Institute of Clinical and Translational Research at Boston University. She is currently a senior research advisor at the Institute of Clinical and Translational Research at Boston University. She is currently a senior research advisor at the Institute of Clinical and Translational Research at Boston University.

**CeKTER**

The Knowledge Translation (KT) Academy at CeKTER presents

**"Tips & Tricks for Using Social Media to Improve Knowledge Translation in Your Employment Research and Practice"**

**Guest Experts:**

Karen Jacobs, EdD, OTR/L, CPE, FADT is responsible for the development and coordination of digital learning and innovation activities at the College of Health and Rehabilitation at Boston University.

Jean Wnuk M.B.A., B.A. is a Social Media Specialist and part of the Technical Assistance team at CeKTER at the University of Massachusetts Medical School.

**Can Register?**  
This webinar is for researchers and their collaborators working on knowledge translation of findings of topics related to employment and individuals with disabilities. If space permits, others interested in social media for KT are welcome to register.



# Coaching for KT? Empowering you...

## CONTENT:

- What outcome do we want?
- How would we know if we achieved it?
- What do we need (knowledge, strategies) to do it?
- How do we understand our setbacks and victories?

## FREQUENCY

- Created together

## DURATION

- Dissemination: 3 months
- Training Projects: 6 months
- Implementation Projects: 9 months



# Communities of Practice

- Topics are driven by attendees. We poll everyone at the end of each meeting.
- Monthly meetings are a careful blend of meeting types:
  - ❖ Guest speakers on a specific topic
  - ❖ Pre-planned topics of learning from each other
  - ❖ “Ask me anything”/open meetings which are community building
- There is a CeKTER facilitator.
- Informal, relaxed conversation; no wrong answer – go-arounds to share particular practice



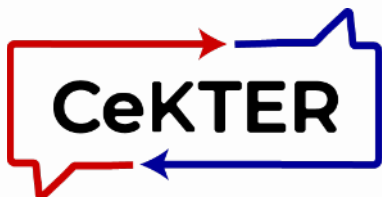
Image:

<https://www.boisestate.edu/ctl/eventsandprograms/cop/>

<https://repository.escholarship.umassmed.edu/handle/20.500.14038/45467>

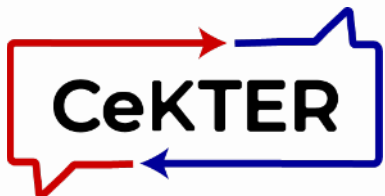
[https://repository.escholarship.umassmed.edu/bitstream/handle/20.500.14038/44214/Building\\_A\\_Community\\_of\\_Practice.pdf?sequence=3&isAllowed=y](https://repository.escholarship.umassmed.edu/bitstream/handle/20.500.14038/44214/Building_A_Community_of_Practice.pdf?sequence=3&isAllowed=y)

[https://ktdrr.org/resources/rush/copmanual/CoP\\_Manual.pdf](https://ktdrr.org/resources/rush/copmanual/CoP_Manual.pdf)



# Co-Production

- The methods and materials produced from the research cycle need to be co-produced with both researchers and stakeholder end users.
- The “end user” is considered a colleague with specific expertise needed to design the product instead of first designing the platform and then asking stakeholders for commentary.
- End users are involved both in identifying what to translate and how to do it.
- This moves KT from discussing a “gap” between two cultures (research and end users) to one in which a group effort develops the product.





# RESEARCH: Where do I put my dissemination dollars?

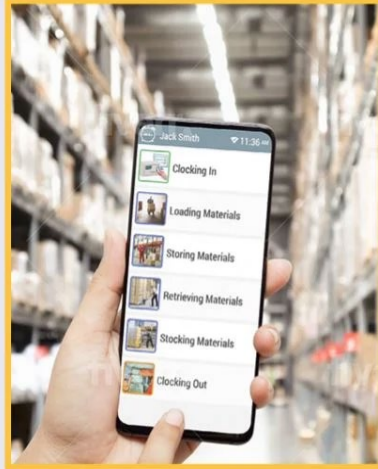


Feb. 2023

## Why and How Electronic Job Coaches Improve Employment for People with Disabilities

### Takeaways

- + Policies that aim to improve the competitive integrated employment (CIE) of people with disabilities cannot be realized without effective and efficient job supports.
- + People with intellectual disabilities (ID) thrive with and prefer electronic job coaches that guide them through tasks needed for successful employment outcomes over outdated job supports like laminated binders.
- + Job coaches and supervisors do not have the time for labor intensive, individualized and job specific instructional prompts and may not have the skills required to develop clear, accurate task analysis.
- + An electronic job coach solution was developed and tested that empowers providers with an efficient, logical task analysis method. This job coach simplifies the process of creating step-by-step working assignments for employees with ID, and allows providers to customize the level of detail and type of interaction offered to the employee.

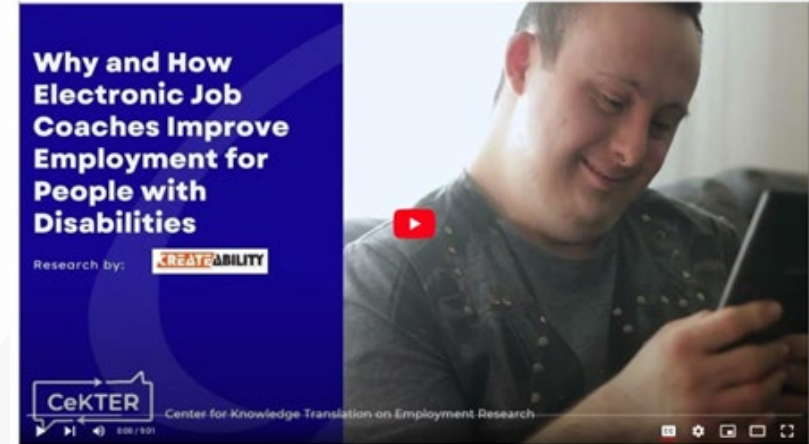


“ A central problem

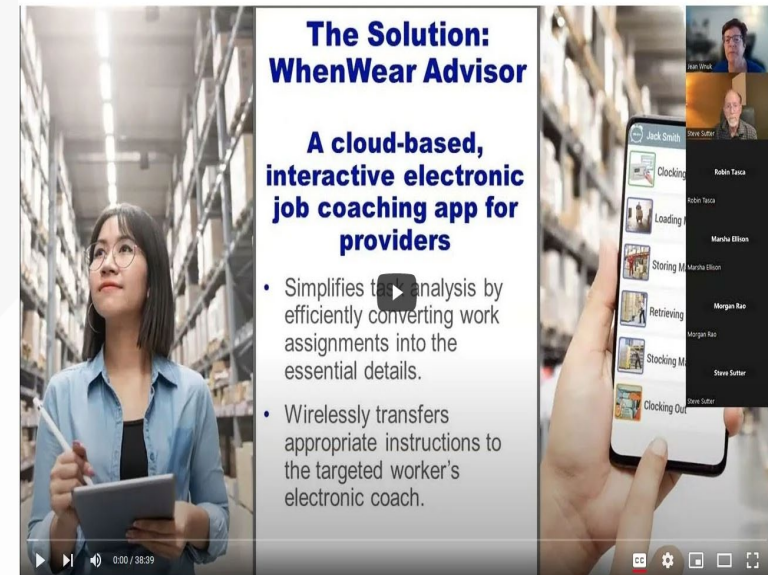
## Research Briefs?

<https://www.umassmed.edu/ceker/resources/products/>

## Videos?



## Webinars?



# RESULTS – Providers

| <b>DEMOGRAPHICS (Total N = 161)</b> |                    | <b>% (N)</b> |
|-------------------------------------|--------------------|--------------|
| <b>Age</b>                          | Under 30           | 87.6% (141)  |
|                                     | 30+ years old      | 12.4% (20)   |
| <b>Gender</b>                       | Male               | 15.5% (25)   |
|                                     | Female             | 82.6% (133)  |
| <b>Race</b>                         | White not selected | 23.0% (37)   |
|                                     | White selected     | 77.0% (124)  |
| <b>Job Role</b>                     | None/Other         | 9.9% (16)    |
|                                     | Job coach          | 37.9% (61)   |
|                                     | Supervisor         | 23.0% (37)   |
|                                     | Director           | 29.2% (47)   |
| <b>Education Level</b>              | High school/GED    | 1.9% (3)     |
|                                     | BA                 | 48.4% (78)   |
|                                     | MA or higher       | 49.7% (80)   |

No significant differences observed when comparing demographic proportions across modalities

# Engagement in Modality

|       | Brief |        | Video |        | Webinar |       | Total |       |
|-------|-------|--------|-------|--------|---------|-------|-------|-------|
|       | N     | %      | N     | %      | N       | %     | N     | %     |
| No    | 9     | 17.0%  | 20    | 35.7%  | 31      | 59.6% | 60    | 37.3% |
| Yes   | 44    | 83.0%* | 36    | 64.3%* | 21      | 40.4% | 101   | 62.7% |
| Total | 53    | 100%   | 56    | 100%   | 52      | 100%  | 161   | 100%  |

\*Mean engagement was significantly higher in the brief and video compared to the webinar. There were no significant differences in engagement by education level, race, age, or job role.

# Duration of Engagement

| <b>Brief</b>      | <b>Video</b>       | <b>Webinar</b>    | <b>Total</b>      |
|-------------------|--------------------|-------------------|-------------------|
| % (n)             | % (n)              | % (n)             | % (n)             |
| <b>97.85 (43)</b> | <b>99.37* (33)</b> | <b>89.72 (21)</b> | <b>96.58 (97)</b> |

\*On average, those who viewed the video watched 99.37% of the video. This is significantly higher engagement compared to those who started the webinar.

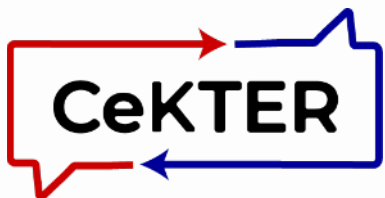
There were no significant differences in duration by education level, age, or job role. White people had significantly higher engagement percentages than non-white people in the video modality.

# Which modality would you most likely use to learn new information?

|                      | N (n=97) | %   |
|----------------------|----------|-----|
| In-person training   | 44       | 45% |
| Video                | 43       | 44% |
| Virtual training     | 42       | 43% |
| Live webinar         | 33       | 34% |
| In-person conference | 29       | 30% |
| Recorded webinar     | 25       | 26% |
| Virtual conference   | 21       | 22% |
| Written product      | 20       | 21% |
| Podcast              | 6        | 6%  |

# Come visit us at CeKTER.ORG

- Need assistance in planning Knowledge Translation activities for your project?
- Need help identifying appropriate Knowledge Translation strategies for your audiences?
- Need help in applying Knowledge Translation approaches to your work?
- Join our newsletter:  
<https://www.umassmed.edu/cekteer/footer/newsletter/>






**Q&A**

 [www.ktdrr.org](http://www.ktdrr.org)

 [ktdrr@air.org](mailto:ktdrr@air.org)

 800.266.1832

Center on  
**KNOWLEDGE TRANSLATION FOR  
DISABILITY & REHABILITATION RESEARCH**