Tailoring Your Knowledge Translation Strategies for Your Intended Users

KTDRR's 2023 Virtual KT Conference

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Center on
KNOWLEDGE TRANSLATION FOR
DISABILITY & REHABILITATION RESEARCH



Introduction to Knowledge Brokering in Canadian Rehabilitation Settings

Dina Gaid, PhD (Rehab Sci) November 6, 2023





Learning Outcomes



- 1. Research-Practice Gap
- 2. KT Interventions
- 3. Define KB
- 4. KB Profile
- 5. KB Roles
- 6. KB Challenges
- 7. KB Training

Major Research-Practice Gap!



Negative Consequences

- 30%–45% of patients do not receive care based on research evidence.
- 50% of healthcare interventions are not based on the research evidence.
- 20%–25% of interventions are not needed or are potentially harmful.
- 44% of **PTs** use research evidence to inform their practice.

Comparative Effectiveness of Knowledge Translation Interventions in Professional Practice

Passive

- Educational meetings
- Educational materials

2%-5%

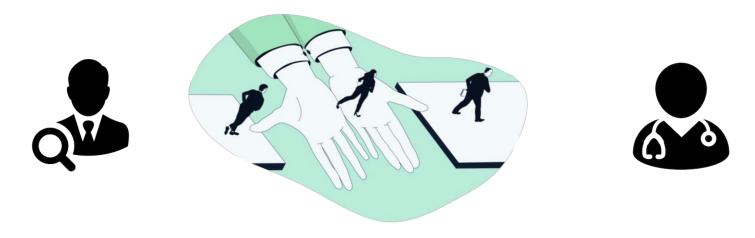
Active

- Audit and feedback
- Educational outreach
- Interactive meetings
- Intermediary agents, up to 12%



Knowledge Brokers (KBs)

"One of the human forces which bring people together to build relationships, uncover needs, share ideas and evidence aiming to improve job productivity"



What are the roles that KB plays?

Why Knowledge Brokers?

Widely Used

KBs have been described in <u>various fields</u> as well as in <u>different contexts</u>.

Effective

• KBs have been shown to be <u>effective</u> in changing practitioners' behavior change in many healthcare sectors, including rehabilitation.

Various Roles







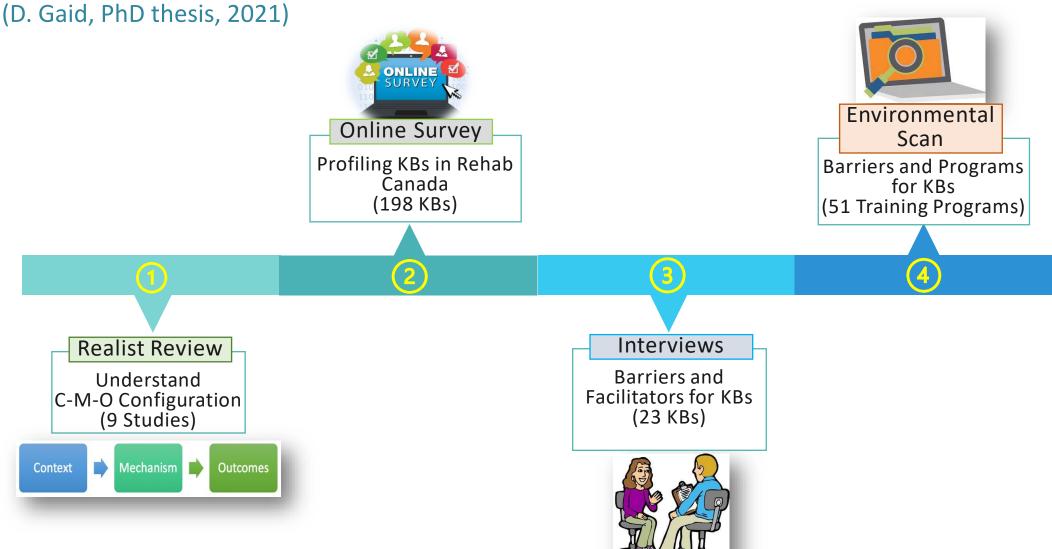




KB Knowledge Gaps in Rehabilitation



Research Methodology





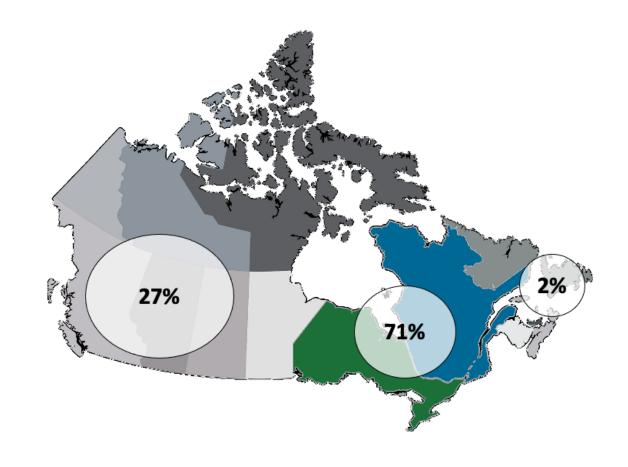
Sociodemographic Characteristics

KB Roles

KB Challenges

KB Training







KB Roles

KB Challenges

KB Training



Professional Characteristics - Skills -

1. Interpersonal Skills

Trustworthy, credible, creative, good listener, flexible, enthusiastic.

2. Communication Skills

Strong oral and written communication skills, active listener.

3. Research Skills

Aware of the best sources of evidence, able to gather and critically appraise the research evidence.

4. Mediation Skills

Able to build effective relationships, encourage collaboration, identify the common goals.



Professional Characteristics - Profession -

KB Roles

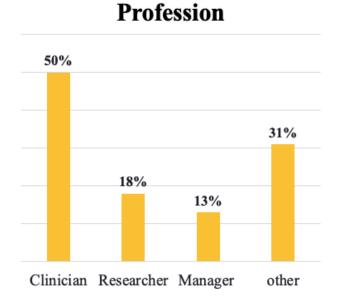
KB Challenges

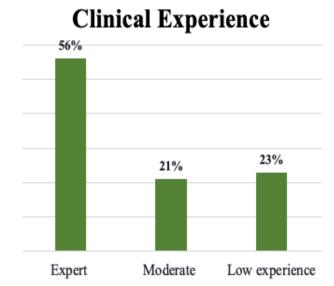
KB Training





Many KBs are experienced clinicians.







KB Roles

KB Challenges

KB Training



Professional Characteristics - Titles -

Several titles used interchangeably to refer to KBs

- Physiotherapist
- Occupational therapist
- Knowledge mobilization specialist
- Research coordinator
- Professional practice lead
- Clinician champion
- Clinical educator



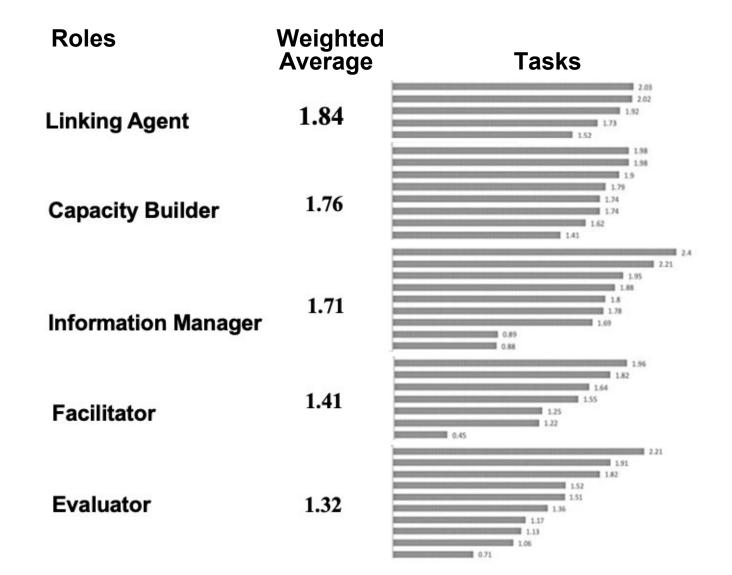
Work Activities

KB Roles

KB Challenges

KB Training





Enablers/Barriers

KB Roles

KB Challenges

KB Training



- Skillsets
- <u>Attributes</u>: motivation, flexibility, confident
- Insider
- Constant <u>networking</u>
- Awareness of stakeholders' needs
- Access to <u>resources</u>
- Access to <u>information</u> by networking with stakeholders

Barriers

Enablers

- Lack of <u>time</u>
- Lack of <u>financial</u> support
- No incentives
- Need <u>training</u>
- Lack of <u>awareness</u> of existing KBs-related training opportunities
- No <u>evaluation</u> for KBs performance
- Need creating a provincial or national community of practice (CoP) for KBs

KB Training

KB Roles

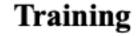
KB Challenges

KB Training



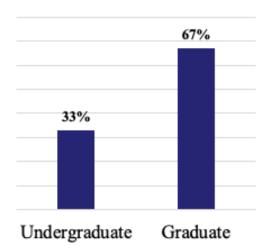
I have to get a certificate in KT to be a KB

Few KBs received formal training, while many had higher education credentials.





Education



KB Training (cont'd)

KB Roles

KB Challenges

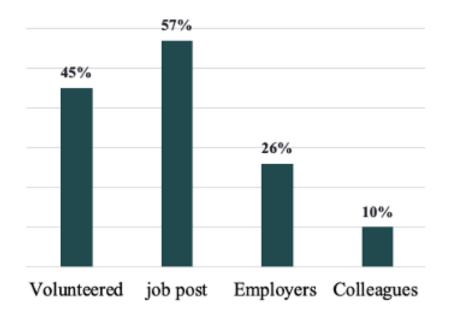
KB Training



How can you start working as a KB



Start KB



KB Training Opportunities

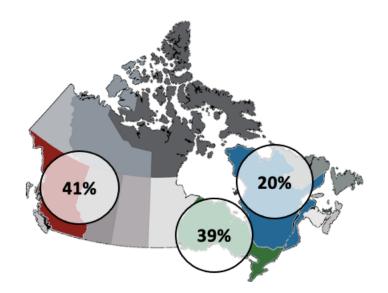
KB Roles

KB Challenges

KB Training



- Training only in Ontario, Quebec, and British Columbia
- In British Columbia, training was sponsored by regional groups (i.e., Fraser Health Authority and Vancouver Coastal Health).
- In Ontario and Quebec, training was offered mainly in universities with significant tuition cost.



KB Training Opportunities (cont'd)

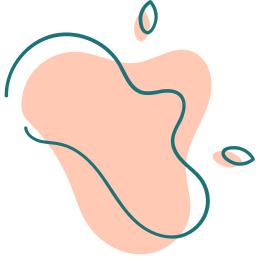
KB Roles

KB Challenges

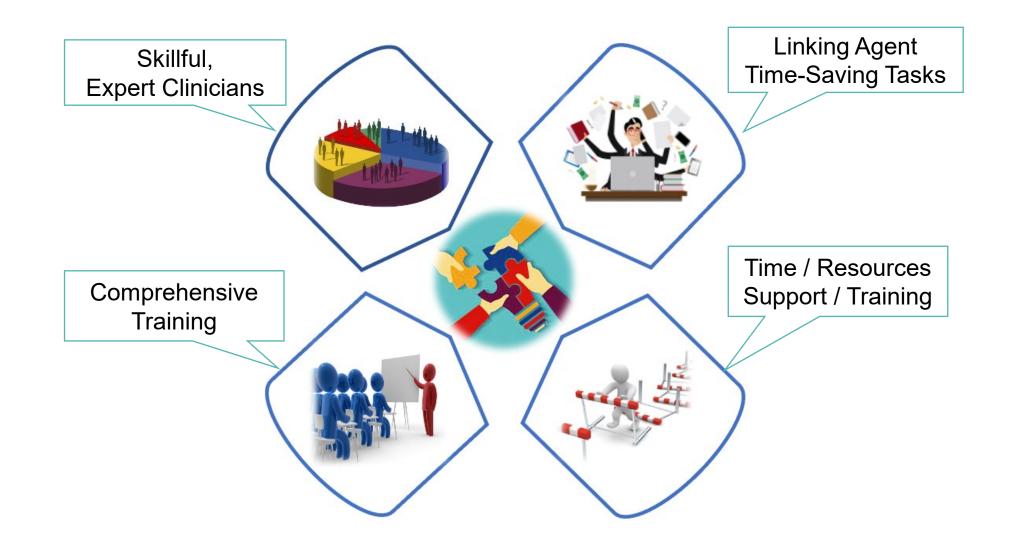
KB Training

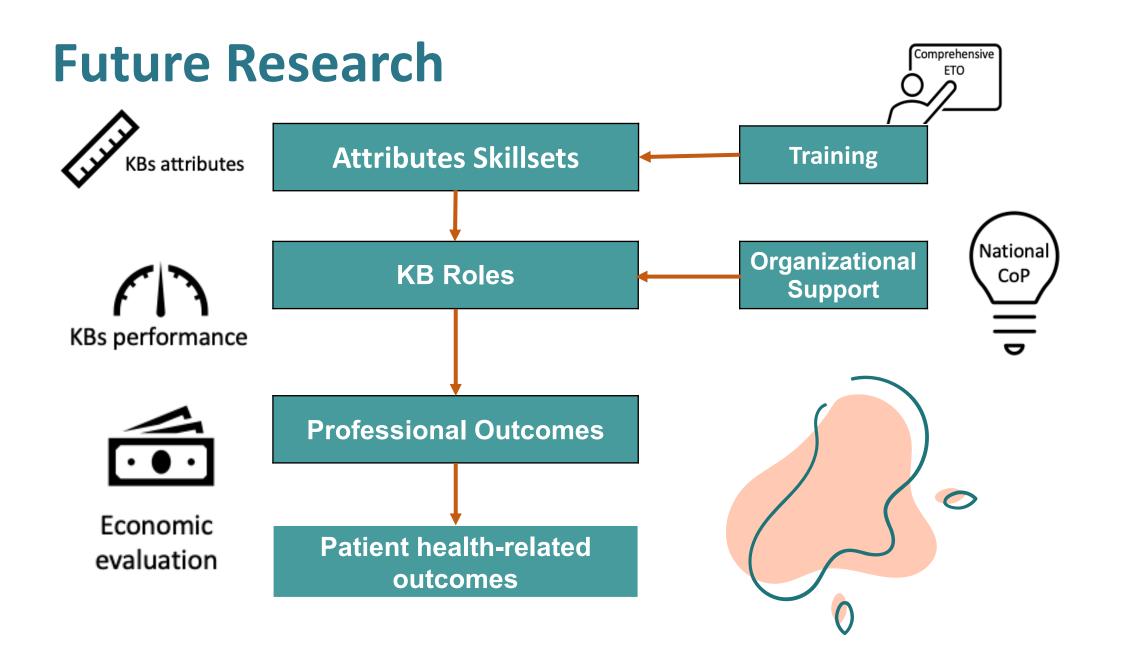


- ↑ KB skills for capacity builder
- ↑ Research skills for evaluator role
- ↓ Less attention to the other competency-role combinations
 - Communication skills for facilitator role
 - Mediation skills for linking agent role
 - Knowledge and skills for the information manager role



KB Research Findings in Rehabilitation





THANKS FOR YOUR PARTICIPATION

Feel Free to Contact Me

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