

Tailoring Your Knowledge Translation Strategies for Your Intended Users

KTDRR's 2023 Virtual KT Conference

November 6, 8, and 9

Center on

**KNOWLEDGE TRANSLATION FOR
DISABILITY & REHABILITATION RESEARCH**

INFORMATION SHARING:

DESIGNING AND

IMPLEMENTING

A NATIONAL RESOURCE

CENTER



Funding and Support

- Thanks and Support
 - Joanna Jennie
 - Krista Woodman
 - Robyn Rontal and CHRT Team
 - Advisory Panel Members

- NIDILRR funding
 - IDEAL RRTC #90RTHF0001
 - AHEAD-DC RRTC #90RTHF0005
 - MI-SCIMS #90SIMS0018

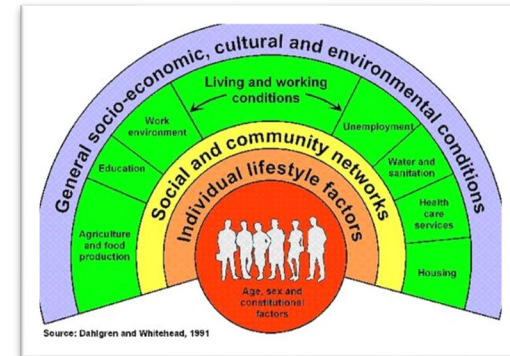
Objectives of Presentation

- To describe the focus of the IDEAL RRTC and its conceptualization of knowledge translation and technical assistance activities

- To provide an overview of the *National Resource Center on Aging with Disability*, including
 - Its development
 - Its maintenance
 - The level and types of assistance provided

Mission and Overall Approach

- The **mission** of the IDEAL RRTC is to understand and enhance healthy aging for people with long-term physical disabilities—especially those at risk for poorer outcomes because of lack of resources, severity of disability, location, or other circumstances—through research and knowledge translation activities.
- The **vision** is of recognizing and addressing the social determinants that impact the health and healthy aging process for individuals with long-term physical disabilities.
- These include
 - Healthcare system, including access to care and knowledge of providers
 - Policies (state and federal)
 - Factors in the built and social environment
 - Crime and safety
 - Public transportation
 - Labor market conditions
 - Neighborhood characteristics



Objectives of IDEAL RRTC

- Identify environmental factors that are associated with healthy aging for individuals with long-term physical disabilities from diverse backgrounds, particularly those from low-income and racial / ethnic minority communities.
- Develop interventions to modify environmental factors to enhance the health, functioning, and participation of individuals aging with long-term physical disabilities.
- Serve as a national resource center by providing information, training, and technical assistance to a variety of groups / stakeholders.
- Engage key stakeholder groups, particularly disability and aging-related organizations, to bridge programs and practices for older adults and people with disabilities and to maximize the relevance and usability of the new knowledge generated by the RRTC.

Targeted Long-Term Outcomes

- Improve the environment, broadly defined, so it is more supportive to and inclusive of individuals with disabilities to promote healthy aging of adults with long-term disabilities and to allow enhanced access and opportunities towards this end.
- Enhance / promote / improve each of the following to ensure access by and relevance to individuals with physical disabilities:
 - Policies and programs
 - Attitudinal environments
 - Community planning and design
 - Healthcare systems
 - Physical activity and wellness programs
 - Public (and other) transportation

Role of the Advisory Panel

- To connect RRTC projects and investigators with relevant organizations and perspectives
- To review and provide feedback about the research and knowledge translation plans and outputs

Organizations Represented on the Advisory Panel

** Identified through discussion with NIDILRR / ACL Project Officer

- Ann Arbor Center for Independent Living
- AARP
- The Arc
- No Wrong Door Virginia
- NARIC
- Advancing States
- Warriors on Wheels of Metro Detroit
- Paralyzed Veterans of America

Key Pieces of Information

Information gathered from advisory board about

- Who they serve / are
- Stakeholder priorities and top issues associated with aging with a disability
- Preferred format of information, and specific considerations and needs, particularly as related to website, social media, print information, and technical assistance
- Timing of webinars / presentations / training



National Resource Center for Aging with Disabilities

Designing a National Resource Center

| Method | Primary Audiences | Section |
|--|--|----------------------|
| Website | All groups | Dissemination |
| Social Media | All groups | Dissemination |
| Articles for disability- related publications | Adults with physical disabilities and their families; other stakeholders | Dissemination |
| Quarterly Newsletter | All groups | Dissemination |
| Research Briefs and Infographics | Adults with physical disabilities and their families; other stakeholders | Dissemination |
| Brief Videos | Clinicians, Adults with disabilities and families | |
| Best practice alerts & protocols | Clinicians / healthcare providers | Dissemination |
| Presentations, symposia, & workshops | Clinicians and researchers | Dissemination |
| Professional publications (peer-review articles and chapters) | Researchers, Clinicians | Dissemination |
| Policy briefs | Policy makers | Dissemination |
| Advanced training program and monthly seminar | Graduate Students and Postdoctoral Fellows | Training |
| Development Core – Partnership for community projects | Disability and community organizations | Training |
| Quarterly Webinars | Services providers; researchers | Training |
| Identifying, organizing and mapping existing programs and resources | Individuals with disabilities, family members, others | Technical Assistance |
| Specialized TA activities (e.g., environmental audits, policy support, grant writing, project / research planning) | Community organizations | Technical Assistance |
| Office Hours and Responses to phone calls and Emails | Students, People with Disabilities, Clinicians | Technical Assistance |

- Name?
- What type of information is included?
 - Current conceptualization
- Search function
- Identifying resources
- Advertising / outreach

- The National Resource Center for Aging with Disabilities is a searchable database of information about programs and policies to benefit or support individuals living with disabilities.
- Use case
 - Clinicians (social workers, medical assistants) in primary care trying to find resources or programs for patients with disabilities
 - Individuals aging with physical disabilities
 - Family members of older adults aging with disabilities

Topic Areas

- Assistive Technology
- Employment
- Independent Living Supports and Services
- Physical Activities, Recreation, and Leisure
- Policy that could impact individuals with disabilities
 - Existing state and federal legislation
 - Proposed legislation
- Senior Programs
- Health Management & Nutrition
- Transportation
- Housing
- Legal and Financial Services
- COVID-19-Related Resources and Services

| Region | Total Number of Resources | Number Vetted | Waiting for Call / Email Back or Not Yet Complete | Percent Complete |
|-------------------------|---------------------------|---------------|---|------------------|
| NIDILRR Funded | 62 | 62 | 0 | 100% |
| Southwest | 315 | 172 | 143 | 55% |
| Mid-Atlantic | 475 | 214 | 261 | 45% |
| New England | 315 | 158 | 157 | 50% |
| Southeast | 484 | 313 | 171 | 65% |
| Northeast | 323 | 207 | 116 | 64% |
| Great Lakes | 631 | 445 | 186 | 70% |
| Great Plains | 235 | 137 | 98 | 58% |
| Rocky Mountain | 276 | 184 | 92 | 67% |
| Pacific | 302 | 53 | 249 | 18% |
| Northwest | 192 | 66 | 126 | 34% |
| NATIONWIDE TOTAL | 3,621 | 2,011 | 1,600 | 56% |



Find programs and resources in your area to support healthy aging with a disability

Resources

Our national resource center is designed to let users explore various organizations and agencies by searching topic categories, state or keywords.

State:

All States ▾

Topics:

- Assistive Technology
- Employment
- Health Management & Nutrition
- Housing
- Independent Living & Support Services
- Legal/Financial & Advocacy
- Policy & Policy Makers
- Recreation/Leisure & Physical Activity
- Senior Programs
- Transportation

Include National Organizations?

Show all ▾

Search:

Enter keyword, zip code, or search

Apply

Reset

Live Demonstration

<https://disabilityhealthresources.org/>

NRC Response to Email Messages (no location given)

- United Way's 211 phone line, which is staffed 24/7/365
[Call 211 for Essential Community Services | United Way 211](#)
- How to navigate the NRC website to find information on their own
<https://disabilityhealthresources.org>
- How to identify the Center for Independent Living serving their county
[ILRU Directory of Centers for Independent Living \(CILs\) and Associations](#)
- How to use the Eldercare Locator, which is a public service of the U.S. Administration on Aging that links information and assistance for older adults and caregivers
<https://eldercare.acl.gov/Public/index.aspx>

Information / Assistance Provided

| Month | CDHW | NRC | RRTC | Other | Totals |
|--------------------------|-----------|------------|-----------|-----------|------------|
| October to December 2022 | 9 | 43 | 5 | 8 | 65 |
| January to March 2023 | 29 | 51 | 3 | 6 | 89 |
| April to June 2023 | 21 | 59 | 2 | 5 | 87 |
| July to September 2023 | 18 | 42 | 0 | 7 | 67 |
| Totals | 77 | 195 | 10 | 26 | 308 |

CDHW = Center for Disability Health and Wellness

NRC = National Resource Center for Aging with Disability

RRTC = IDEAL Rehabilitation Research and Training Center

CDHW / NRC Postcard Sent to Practitioners



In the fall of 2022, postcards were sent to the American Academy of Family Physicians (n=5000), the American Geriatrics Society (n=3000), and the American Academy of Physical Medicine and Rehabilitation (n=7801).

Marketing and Outreach

- Website
- Quarterly Newsletter
- NARIC News and Notes
- Through Advisory Panel Members
 - Newsletters
 - Websites
 - Email Blasts



QUESTIONS?

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Center on
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