

EPPI-Centre Evidence Tools, Products, and Projects

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The benefits and challenges of Reviews of Reviews

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Katy Sutcliffe, Ginny Brunton (EPPI-Centre, UCL)

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What is a Review of Reviews (RoR)?

- RoR: also referred to as ‘umbrella review’, ‘overview of reviews’, and ‘meta-review’
- Aim: to address a specific research question
- Methods: systematic search, pre-specified eligibility criteria, quality assessment, synthesis of results
- Data: systematic reviews (SR)
- Level of analysis: SR = secondary research, RoR = tertiary research

In what situations might it be useful to do a RoR rather than SR?

1. When the research question is broad
2. When there is already a large body of SRs on the topic
3. When time/resources are constrained

What are the benefits of conducting a RoR?

- Speeds up review process as reduces the searching/screening burden
 - SRs are much easier to identify than primary research
 - Takes advantage of the comprehensive searching and screening undertaken in SRs
- Increases accessibility of burgeoning body of SRs for decision-makers
 - Where there are multiple reviews on same issue users may find it hard to decide which to use

But RoRs pose significant challenges ...

- Many papers on challenges of RoRs – key challenges raised include:
 - Overlap between reviews (studies appearing in more than one review)
 - Lack of coverage of RoR question (e.g. missing populations, outcomes)
 - Lack of detail (insufficient detail on area of interest is reported at review-level)
 - Quality Assessment (quality of review is dependent on quality of included studies – possibility of lack of detail at both levels may hinder appraisal)
- Some examples of how we have addressed issues

Example 1: How we managed overlap

- Acknowledging overlap
- Examination of common studies' contributions to each review
- Avoid vote-counting
- Extract information from one SR based on pre-specified criteria, e.g. review that is/has
 - most recent
 - highest quality review
 - largest number of included studies
 - most complete data on effect size estimates

Example 2: How we managed lack of fit with RoR question

- Careful attention to whether findings address all possible concepts
 - e.g. emotional and behavioural outcomes of looked-after youth may not be the only way to conceptualise 'wellbeing' (Dickson et al. 2010)
- Analysis of similar reviews' divergent findings (e.g. differences might be due to different population under study)
- Explain why reviews are not amenable to statistical synthesis
- Conduct a new review instead!

Example 3: How we managed insufficient detail in SRs

- Retrieve primary studies and re-extract
- Include primary studies to supplement
- Note it as a caveat: the efficacy of interventions may be limited by the availability of primary research
 - i.e. lack of review-level evidence on interventions does not mean those are ineffective, they just haven't been reviewed
- Discuss the implications of missing information on the findings of the overview

Example 4: How we managed Quality Assessment

- Include only reviews which have detailed reporting of the quality of primary studies
 - but at the cost of a loss of information
 - consider carefully whether the purpose of the review is better served by comprehensiveness or lessened uncertainty
 - possible compromises:
 - only limit if large number of reviews available
 - don't limit if intent of overview is to enlighten rather than inform decision

Strengths and limitations of RoRs

Strengths

- Good for swift, accurate appraisal of a broad area of research within a short timescale using few researchers

Limitations

- Issues of
 - Overlap
 - Lack of fit with RQ
 - Insufficient detail
 - Quality assessment

Key papers

- Caird J, Sutcliffe K, Kwan I, Dickson K, Thomas J (2015) *Mediating policy-relevant evidence at speed: are systematic reviews of systematic reviews a useful approach?* Evidence & Policy. 11(1): 81-97.
- Pollock A, Campbell P, Brunton G, Hunt H, Estcourt L (2017) *Selecting and implementing overview methods: implications from five exemplar overviews.* Systematic Reviews. 6(1): 145.
- Lunny C, Brennan SE, McDonald S, McKenzie JE (2017) *Toward a comprehensive evidence map of overview of systematic review methods: paper 1—purpose, eligibility, search and data extraction.* Systematic Reviews 6(1): 231.

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EPPI-Centre Website

<http://eppi.ioe.ac.uk>

Twitter

@EPPICentre

Email

katy.sutcliffe@ucl.ac.uk

g.Brunton@ucl.ac.uk

The EPPI-Centre is part of the Social Science Research Unit at the Institute of Education, University of London



EPPI-Centre

Social Science Research Unit
Institute of Education
University of London
18 Woburn Square
London WC1H 0NR

Tel +44 (0)20 7612 6397
Fax +44 (0)20 7612 6400
Email eppi@ioe.ac.uk
Web eppi.ioe.ac.uk/

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