

# Improving Disability and Rehabilitation Research Content Within Wikipedia

Presented by Wikimedia DC

July 25, 2024

Center on  
**KNOWLEDGE TRANSLATION FOR  
DISABILITY & REHABILITATION RESEARCH**

# Virtual Meeting/Conference Recording Notice

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# Wikimedia DC

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Wikimedia DC is the regional outreach organization for Wikipedia and the other projects of the Wikimedia Foundation. Our mission is to promote participation in Wikimedia projects in Washington, DC; Maryland, Virginia, West Virginia, Delaware, and throughout the United States.

Ariel Cetrone – Institutional Partnerships Manager  
Wikipedia Username: @Ariel Cetrone (WMDC)  
[WikimediaDC.org](http://WikimediaDC.org)



# Agenda

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- Wikipedia overview
- Potential causes and solutions for disability-related content gaps
- Article structure
- Editing existing articles and creating new ones

Image: Judith Heumann, American disability rights activist, known as the "Mother of the Disability Rights Movement"  
Source: Wikimedia Commons, CC0





WIKIPEDIA  
The Free Encyclopedia

# Wikipedia

What exactly is it, anyway???

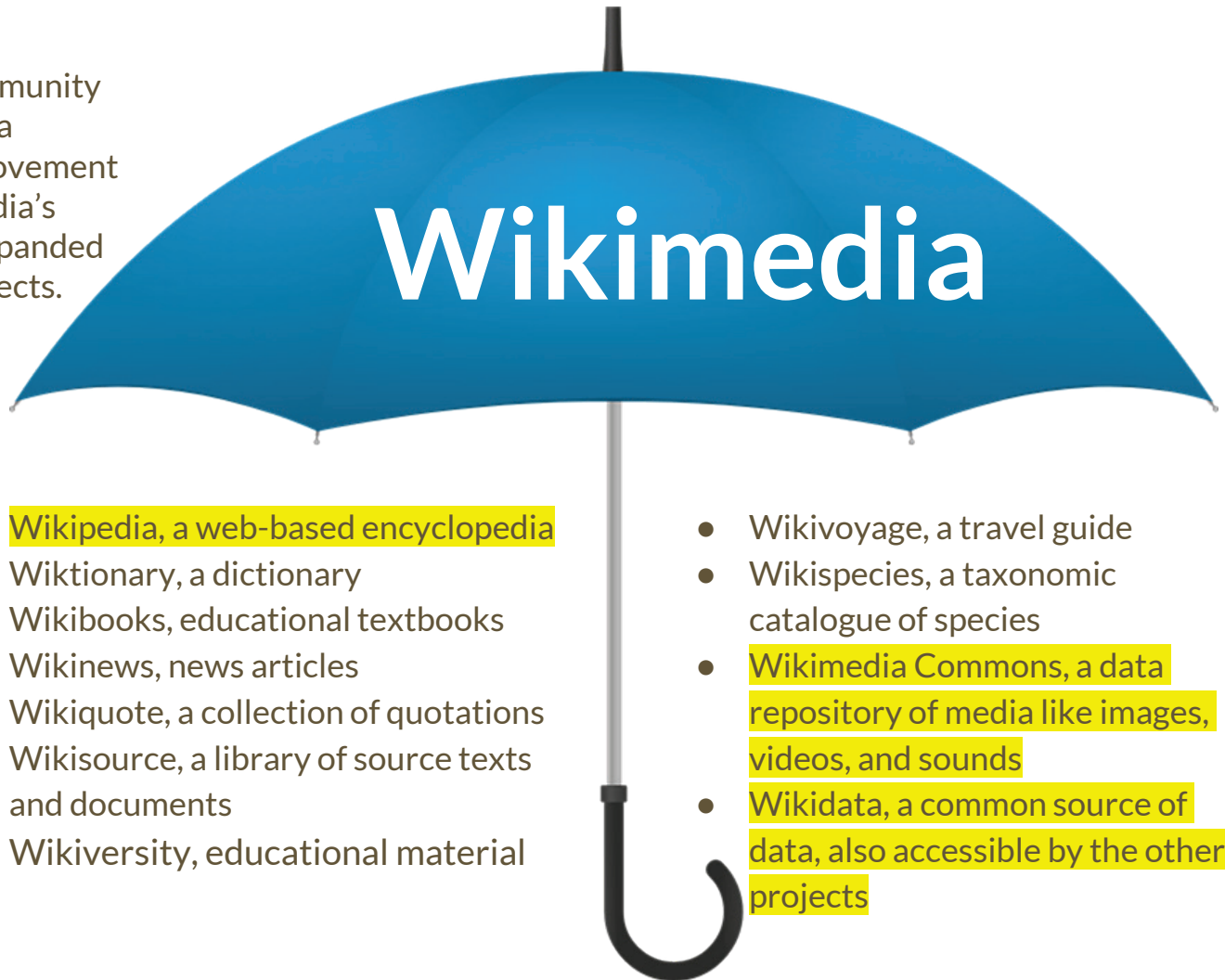
# What is Wikipedia?

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Wikipedia is a multilingual, web-based, **free encyclopedia based** on a model of **openly editable content**. It is the largest and most popular general reference work on the internet. Wikipedia is supported by the Wikimedia Foundation, a non-profit organization which operates on money it receives from donors. (From English Wikipedia)

Wikipedia contains articles that include information about notable subjects or topics. There are currently more than 8 million articles in English Wikipedia.

Wikimedia is the global community of contributors to Wikimedia Foundation projects. The movement was created around Wikipedia's community and has since expanded to the other Wikimedia projects.



- **Wikipedia, a web-based encyclopedia**
- Wiktionary, a dictionary
- Wikibooks, educational textbooks
- Wikinews, news articles
- Wikiquote, a collection of quotations
- Wikisource, a library of source texts and documents
- Wikiversity, educational material
- Wikivoyage, a travel guide
- Wikispecies, a taxonomic catalogue of species
- **Wikimedia Commons, a data repository of media like images, videos, and sounds**
- **Wikidata, a common source of data, also accessible by the other projects**

# Wikipedia: The 21st-Century Encyclopedia

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*“Imagine a **world** in which every single person on the planet is given **free** access to the sum of **all** human knowledge. That's what we're doing.”*

– Jimmy Wales, co-founder, Wikipedia

Image: Jimmy Wales  
Source: Wikimedia Commons via User:Zachary McCune  
License: CC4





# Uses and Rights



All content freely licensed without restrictions

Creative Commons Attribution Share-Alike or  
Public Domain

Written content or image/video/audio uploads

Wikimedia Commons – multimedia repository  
[commons.wikimedia.org](https://commons.wikimedia.org)

Commercial re-use is absolutely allowed.  
Google, publishers...

# Wikipedia: Basics, Policies, and Oversight



# What's a Wiki?

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- A website where anyone can edit
- Edits meant to be “quick”
- Remembers all versions (nothing ever destroyed)
- Hyperlinks between pages

Image: Lois Curtis, the plaintiff in the *Olmstead v. L.C.* Supreme Court case, (center) presents President Barack Obama w/ a photo  
Source: Wikimedia Commons, CCO - Work of the US government



# Wikipedia: Five Pillars

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- Wikipedia is an encyclopedia.
- Wikipedia is written from a neutral point of view.
- Wikipedia is free content that anyone can use, edit, and distribute.
- Wikipedia's editors should treat each other with respect and civility.
- Wikipedia has no firm rules.

For more, search Wikipedia for

**WP:Pillars**

# Wikipedia Policies

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- **Neutral Point of View** - should be written so all sides can agree (WP:POV)
- **Notability** - significant independent sources -> importance (WP:N)
- **Verifiability** - using reliable sources to reference information (WP:V)
- **No original research** - point to existing scholarship (WP: NOR)
- **Assume good faith** - start with congenial spirit (WP:GF)
- **Conflicts of interest** - disclose and abide by terms of service (WP:COI)

# Wikipedia: Reliable Sources

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Articles should be based on reliable, published sources. If no reliable sources can be found on a topic, an article should not exist. **WP:RS**

## Reliable sources per WP guidelines

- Published scholarship (print or online)
- News organizations
- Vendor and e-commerce sources. Should only be used to verify awards won, album length, etc.
- Biased or opinionated sources, but only when trying to report the existence of one side of a topic, debate, etc.

## Unreliable sources per WP guidelines

- Questionable sources, i.e., those with a poor reputations or no editorial oversight
- Self-published sources including websites, i.e. the website of the company or person you are writing about\*
- Primary sources\*
- Social media sites including LinkedIn

\* Sites like these can be added to articles' external links sections.

# Citing Oneself

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- Subject-matter experts who are published in reliable sources may cite themselves
- Experts should:
  - do so only where appropriate.
  - avoid overuse - this may result in accusations of spamming.
  - not put undue weight on their own work.
  - avoid promotional tone or intent.



# Plagiarism

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**DO NOT copy and paste exact text from a source and add it to a Wikipedia article even if citing the original source.**

Instead, rewrite the information in your own words and cite your sources properly.

Image: [WWII flagger](#) via Wikimedia Commons (CC 2.0). Uploaded by User: File Upload Bot (Magnus Manske). Author: Oregon Department of Transportation



# Conflicts of Interest

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Do not edit or create articles about:

- Yourself
- Your school
- Colleagues
- Your employer
- An employee
- Close relatives or friends

Image: [WWII flagger](#) via Wikimedia Commons (CC 2.0). Uploaded by User: File Upload Bot (Magnus Manske). Author: Oregon Department of Transportation



# Article Deletion Process

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**Articles for deletion (AfD)** - Nomination process that generates a discussion page. Users vote 'Keep' or 'Delete'. Comments are encouraged. An admin will close as a 'Keep' or 'Delete' after seven days.

**Speedy deletion** - Process where articles are nominated for deletion without discussion. Anyone can nominate, but only admins can delete.

**Proposed deletion (PROD)** - An intermediate process developed for articles that do not meet the criteria for speedy deletion but for which a full discussion is likely unnecessary. Articles are deleted after seven days if there are no objections.

All are initiated by adding templates to the articles in question.

Full article: [Deletion of articles on Wikipedia](#)

# Article Quality Assessment

All rated articles by quality and importance						
Quality	Importance					Total
	Top	High	Mid	Low	???	
★ FA	1,566	2,476	2,393	1,920	180	8,535
★ FL	180	671	774	703	104	2,432
Ⓜ A	363	681	789	578	85	2,496
⊕ GA	3,196	7,257	14,637	19,256	1,743	46,089
B	16,767	32,497	53,720	67,081	21,433	191,498
C	16,723	53,556	133,836	302,676	86,618	593,409
Start	18,485	92,155	413,788	1,597,109	400,823	2,522,360
Stub	4,216	31,592	278,486	2,790,024	759,128	3,863,446
List	4,809	16,985	53,493	191,306	67,109	333,702
Assessed	66,305	237,870	951,916	4,970,653	1,337,223	7,563,967
Unassessed	127	496	1,285	19,067	432,771	453,746
<b>Total</b>	<b>66,432</b>	<b>238,366</b>	<b>953,201</b>	<b>4,989,720</b>	<b>1,769,994</b>	<b>8,017,713</b>

# Wikipedia's Content Gaps



# The “Average” Wikipedian

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The common characteristics of average Wikipedians inevitably color the content of Wikipedia. The average Wikipedian on the English language Wikipedia is:

1. white
2. male
3. technically inclined
4. formally educated
5. an English speaker (native or non-native)
6. aged 15–49
7. from a majority-Christian country
8. from a developed nation
9. from the Northern Hemisphere
10. likely employed as a white-collar worker or enrolled as a student rather than being employed as a blue-collar worker

# Gender Gap – Editors



Only  
**1** out of  
**10** Wikipedia editors  
is female!



\*Average from 2008–2011

More recent estimates are 12%–15%

# Gender Gap – Content

Percentage of women’s biographies – English Wikipedia:

November 2014	July 2024
15%	19.86%  399,180 out of 2,010,116 biographies



# Disability Content Gaps

## What we know and don't know

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- No major Wikimedia projects or organizations are tracking disability-related gaps (like Women in Red does for gender).
- **Wikiproject: Disability** exists but has few action items and somewhat inactive editors.
- Edit-a-thons and content drives do take place regularly but are not part of larger initiatives.
- The percentage of disability-related articles may be harder to determine as there are more subcategories and research is ongoing.
- Some gaps, like a lack of photos in Wikimedia Commons, can be more easily identified.

# Disability Content Gaps

## Why they may persist (if they exist)

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- Wikipedia, as a tertiary source, is a direct reflection of available secondary sources.
- A Wikipedia article cannot be created if secondary sources are not available to prove notability.
- Paywalls make some sources inaccessible.
- Those who wish to write about disability-related content require the skills and knowledge needed to create and improve Wikipedia.

# Disability Content Gaps

## No data? Now what?

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Even without these data, we:

- operate under the assumption that gaps exist, especially as the disability studies and rehabilitation research field continue to grow.
- continue planning events, like themed edit-a-thons or workshops, to train scholars and others to create and edit articles.
- highlight this work to attract more of the same.
- encourage scholars to publish and make secondary source as accessible as possible so that Wikipedia (a tertiary source) can be improved.

# Getting Started: First Steps for a New Editor



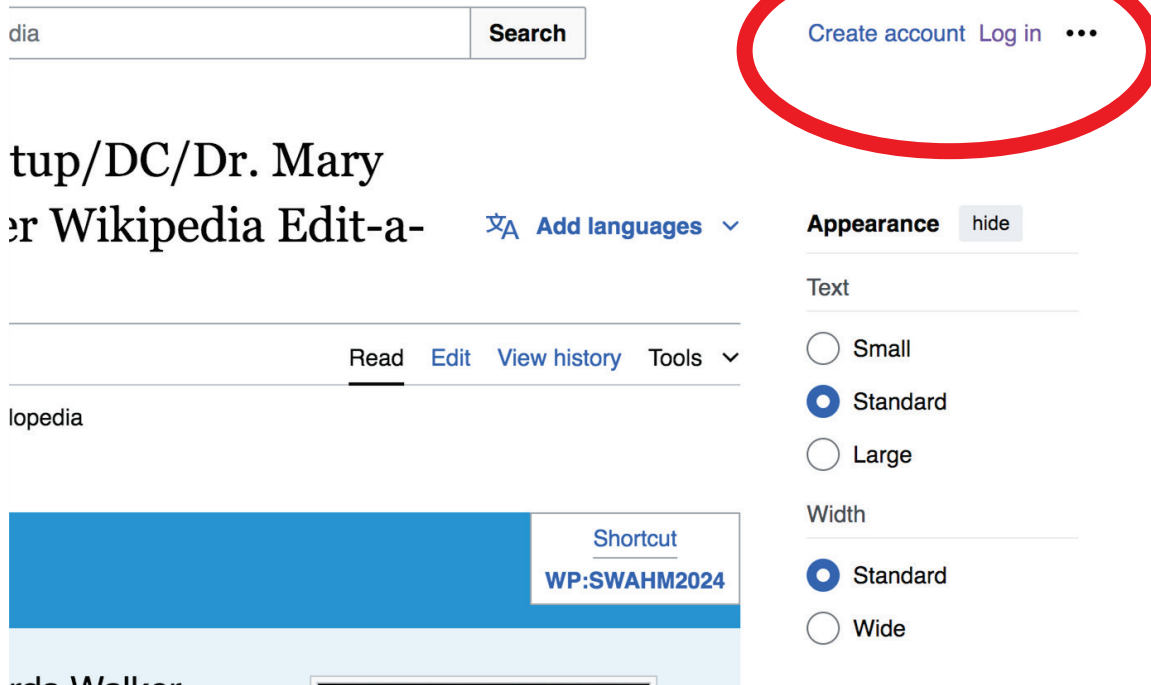
# Log In/Create Account

Go to [en.wikipedia.org](https://en.wikipedia.org)

Select “Create account”  
(top right) and log in.

Already have an account?  
Simply log in.

Note: Usernames are  
public. Real names are not  
required.



The screenshot shows the Wikipedia homepage. At the top right, the links "Create account" and "Log in" are circled in red. Below the search bar, the page title "Wikipedia" is visible. The main content area shows the start of an article about "Mary Walker". The "Tools" menu is open, showing options like "Read", "Edit", "View history", and "Tools". The "Appearance" settings are also visible, with "Standard" selected for both text and width.

# User Page

All users/editors are assigned a user page.

Access the user page by selecting your username (top right).

User page Talk


Read Edit Edit source View history

Ariel Cetrone (WMDC) 6 16 Talk

**Wiki Loves Monuments: The world's largest photography competition**  
learn more about our history, and wir

## User:Ariel Cetrone (WMDC)

From Wikipedia, the free encyclopedia

  
**WIKIMEDIA**  
DISTRICT OF COLUMBIA

**Ariel Cetrone is Institutional Partnerships Manager for Wikimedia DC.**

# User Page (cont'd)

Select "Create" (new users) or "Edit" (for experienced users) to share information, interests, etc.

Use is optional unless editing as part of official duties – i.e., Wikipedian-in-residence.

The screenshot displays the Wikipedia user page for Ariel Cetrone (WMDC). At the top right, the user's name 'Ariel Cetrone (WMDC)' is circled in red, accompanied by a notification icon with the number '6' and a 'Talk' button with '16' notifications. Below this, a navigation menu contains 'User page' and 'Talk' buttons, both of which are circled in red. The main content area features a banner for 'Wiki Loves Monuments: The world's largest photography competition learn more about our history, and wir'. Below the banner, the page title is 'User:Ariel Cetrone (WMDC)', followed by the text 'From Wikipedia, the free encyclopedia'. The Wikimedia logo and 'WIKIMEDIA DISTRICT OF COLUMBIA' are displayed, along with the bio: 'Ariel Cetrone is Institutional Partnerships Manager for Wikimedia DC.'

# Talk Page

A place to receive messages and communicate with other users

User page Talk Read Edit source New section View history More TW Search Wikipedia

## User talk:Ariel Cetrone (WMDC) [edit source]

From Wikipedia, the free encyclopedia

**Contents** [hide]

- 1 Welcome!
- 2 Hi from the Teahouse!
- 3 Edit-a-thon
- 4 Ways to improve Shoomaker's Saloon
- 5 ArbCom 2017 election voter message



# Types of Editors

## Visual vs. Source



# Wikipedia Editing Tools

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## VisualEditor

"Edit" button

VisualEditor is a “visual” way of editing Wikipedia that does not require editors to learn wiki markup. Until Visual Editor, editors had to learn wiki markup to make most edits.

VisualEditor works like a word processor. While it is simpler to use, the Source Editor can be more effective for some tasks.


## Source Editor

"Edit source" button

Source editor uses Wikitext, also known as Wiki markup or Wikicode, which consists of the syntax and keywords used by the MediaWiki software to format a page.

# Set Editing Preferences: Activate Visual Editor

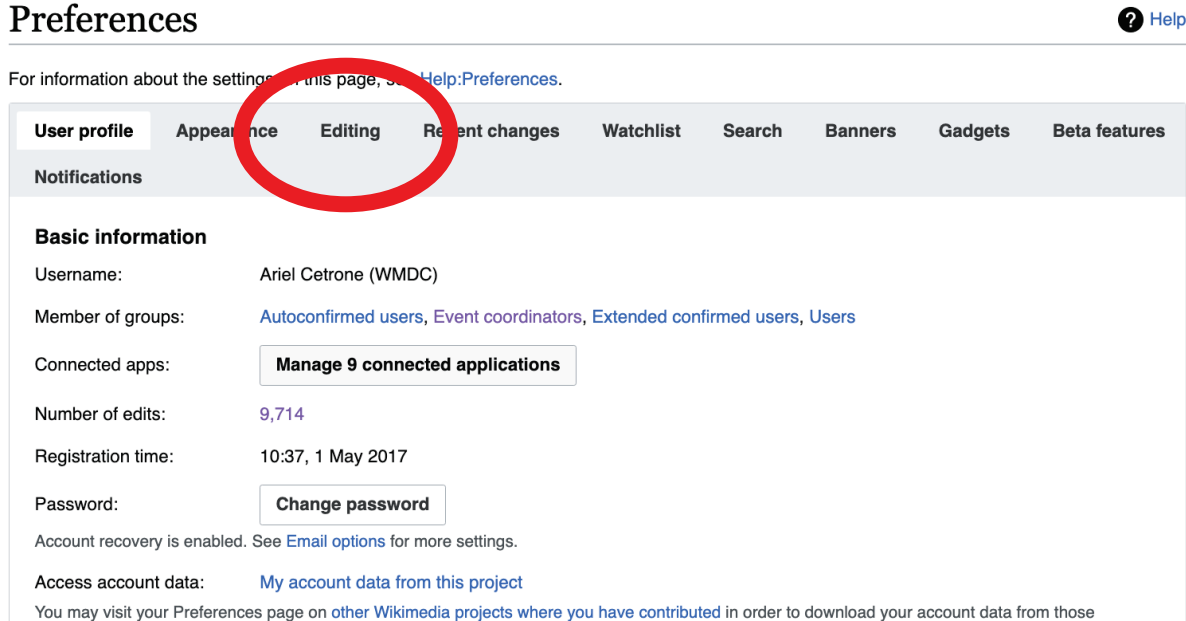
1. Open Wikipedia.
2. Select “Preferences” (top right).



The screenshot shows a Wikipedia article page for "History Month Wikipedia". The user interface includes a top navigation bar with the user name "Ariel Cetrone (WMDC)", notification icons, and the time "14:21:55". A user menu is open on the right side, listing options such as "Talk", "Sandbox", "Preferences" (highlighted with a red circle), "Beta", "Contributions", "Translations", "Uploaded media", and "Log out". Below the article title, there are links for "Read", "Edit source", and "View history". At the bottom, there is a blue banner for "Wikipedia Edit-a-thon presented with" and a "Shortcut WP:TSUUSF" button.

# Set Editing Preferences: Activate Visual Editor

## 3. Select the “Editing” tab



The screenshot shows the 'Preferences' page for a Wikimedia user. At the top, the title 'Preferences' is on the left and a 'Help' link is on the right. Below the title, there is a navigation bar with several tabs: 'User profile', 'Appearance', 'Editing', 'Recent changes', 'Watchlist', 'Search', 'Banners', 'Gadgets', and 'Beta features'. The 'Editing' tab is circled in red. Below the navigation bar, the 'Notifications' section is visible. The main content area is titled 'Basic information' and contains several fields: 'Username' (Ariel Cetrone (WMDC)), 'Member of groups' (Autoconfirmed users, Event coordinators, Extended confirmed users, Users), 'Connected apps' (Manage 9 connected applications), 'Number of edits' (9,714), 'Registration time' (10:37, 1 May 2017), and 'Password' (Change password). At the bottom, there is a note about account recovery and a link to 'Access account data'.

Preferences Help

For information about the settings on this page, see [Help:Preferences](#).

User profile Appearance **Editing** Recent changes Watchlist Search Banners Gadgets Beta features

Notifications

**Basic information**

Username: Ariel Cetrone (WMDC)

Member of groups: [Autoconfirmed users](#), [Event coordinators](#), [Extended confirmed users](#), [Users](#)

Connected apps: [Manage 9 connected applications](#)

Number of edits: 9,714

Registration time: 10:37, 1 May 2017

Password: [Change password](#)

Account recovery is enabled. See [Email options](#) for more settings.

Access account data: [My account data from this project](#)

You may visit your Preferences page on [other Wikimedia projects where you have contributed](#) in order to download your account data from those

# Set Editing Preferences: Activate Visual Editor

4. Scroll down to “Editor.”
5. Select “Show me Both Editor Tabs” from the “Editing Mode” dropdown menu.
6. Save (bottom left).

**Preferences**

For information about the settings on this page, see [Help:Preferences](#).

User profile | Appearance | **Editing** | Recent changes | Watchlist | Search | Gadgets | Beta features | Notifications

— General options —

- Enable section editing by right clicking on section titles
- Edit pages on double click
- Enable showing appreciation for other users with the WikiLove tab
- Enable parser migration tool

This adds a sidebar link giving access to a [tool](#) for migrating page text to new versions of the MediaWiki parser.

— Editing —

Edit area font style:

- Prompt me when entering a blank edit summary
- Warn me when I leave an edit page with unsaved changes
- Show **edit toolbar** (requires JavaScript)
- Enable enhanced editing toolbar
- Temporarily disable the visual editor while it is in beta

Editing mode:

# Article Anatomy



# Sample Article

## Mobility aid [ edit | edit source ]

5 languages ∨

Article Talk

Read Edit Edit source View history ☆ TW ∨

A *start-class* article from Wikipedia, the free encyclopedia

ORES predicted quality:   C (3.32)

A **mobility aid** is a device that helps individuals with mobility impairments to walk or improve their overall mobility.<sup>[1]</sup>

These aids range from walking aids, which assist those with limited walking capabilities, to wheelchairs and mobility scooters, which are used for severe disabilities or longer distances that would typically be covered on foot. For individuals who are blind or visually impaired, white canes and guide dogs have been long-standing resources. Additional aids are designed to facilitate mobility and transfers within buildings, including navigating between different floor levels.

The term "mobility aid" traditionally refers to technology mechanical devices and is commonly used in government documents such as documents related to tax concessions.<sup>[2]</sup> It refers to devices that provide a level of mobility comparable to unaided walking or standing from a seated position.

Advancements in technology are likely to expand the functionalities of these devices through the integration of sensors and the provision of audio or tactile feedback.<sup>[3][4]</sup>

## Walking aids [ edit | edit source ]

Walking aids are devices designed to assist individuals with mobility impairments in maintaining upright ambulation. These aids include [assistive canes](#), [crutches](#), [walkers](#), and more specialized devices such as gait trainers, and upright walkers. Each type of aid is designed to support users in different ways, which include improving stability, reducing lower-limb loading, and facilitating movement.

### Improving Stability

Walking aids enhance stability by providing additional points of contact, which expand the user's range of stable center of gravity positions.



Wheelchair user entering a bus in [Rio de Janeiro, Brazil](#)

## Disability

**Theory and models** [show]

**Education** [show]

**Therapy** [show]

**Societal implications** [show]

**Personal assistance** [show]

**Socioeconomic assistance** [show]

**Groups · Organizations** [show]

**Parasports** [show]

**Culture** [show]

[Disability · Lists](#)


# Article Talk Page



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## Talk:Mobility aid [\[ edit source \]](#)


[Article](#) **Talk**

From Wikipedia, the free encyclopedia

 This article is rated **Start-class** on Wikipedia's [content assessment scale](#). It is of interest to the following [WikiProjects](#):

-  **Disability**
-  **Medicine** Mid-importance

## Wiki Education Foundation-supported course assignment

 This article was the subject of a Wiki Education Foundation-supported course assignment. Further details are available [on the course page](#). Student editor(s): [Wolfkingwarrior](#).

Above undated message substituted from [Template:Dashboard.wikiedu.org assignment](#) by [PrimeBOT](#) 10:00, 10 October 2023 (UTC-5) [\[ reply \]](#)



# History Log

## Disability rights movement: Revision history

[Article](#) [Talk](#)

[Read](#) [Edit](#) [Edit source](#) [View history](#)

[View logs for this page](#) ([view filter log](#))

### Filter revisions

External tools: [Find addition/removal](#) <sup>(Alternate)</sup> · [Find edits by user](#) <sup>(Alternate)</sup> · [Page statistics](#) <sup>(Alternate)</sup> · [Pageviews](#) <sup>(Alternate)</sup> · [Fix dead links](#) <sup>(Alternate)</sup>

For any version listed below, click on its date to view it. For more help, see [Help:Page history](#) and [Help:Edit summary](#). (cur) = difference from current version, (prev) = difference from preceding version, m = [minor edit](#), → = [section edit](#), ← = [automatic edit summary](#)

(newest | [oldest](#)) View (newer 50 | [older 50](#)) ([20](#) | [50](#) | [100](#) | [250](#) | [500](#))

### Compare selected revisions

- (cur | [prev](#))  09:16, 4 June 2024 [Shimonshameel](#) ([talk](#) | [contribs](#)) [m](#) . . (51,510 bytes) (-385) . . (→*Further reading: cleanup*) ([undo](#) | [thank](#))
- (cur | [prev](#))  08:55, 4 June 2024 [Shimonshameel](#) ([talk](#) | [contribs](#)) [m](#) . . (51,895 bytes) (0) . . (*layout*) ([undo](#) | [thank](#))
- (cur | [prev](#))  03:27, 3 May 2024 [Smasongarrison](#) ([talk](#) | [contribs](#)) . . (51,895 bytes) (+40) . . (*added Category: Movements for civil rights using HotCat*) ([undo](#) | [thank](#))
- (cur | [prev](#))  03:25, 3 May 2024 [Smasongarrison](#) ([talk](#) | [contribs](#)) . . (51,855 bytes) (-45) . . (*Not an organization Undid revision 1221915969 by Will (Wiki Ed)*) ([undo](#) | [thank](#)) (*Tag: Undo*)
- (cur | [prev](#))  19:19, 2 May 2024 [Will \(Wiki Ed\)](#) ([talk](#) | [contribs](#)) . . (51,900 bytes) (+45) . . (*added Category: Disability rights organizations using HotCat*) ([undo](#) | [thank](#)) (*Tag: Reverted*)

# Article Sections: Lead Paragraphs and Infoboxes

## Mobility aid [ edit | e

Article [Talk](#)

A *start-class* article from Wikipedia

A **mobility aid** is a device that helps with mobility.<sup>[1]</sup>

These aids range from walking aids, which assist those with limited walking capabilities, to wheelchairs and mobility scooters, which are used for severe disabilities or longer distances that would typically be covered on foot. For individuals who are blind or visually impaired, white canes and guide dogs have been long-standing resources. Additional aids are designed to facilitate mobility and transfers within buildings, including navigating between different floor levels.

The term "mobility aid" traditionally refers to technology mechanical devices and is commonly used in government documents such as documents related to tax concessions.<sup>[2]</sup> It refers to devices that provide a level of mobility comparable to unaided walking or standing from a seated position.

Advancements in technology are likely to expand the functionalities of these devices through the integration of sensors and the provision of audio or tactile feedback.<sup>[3][4]</sup>

## Walking aids

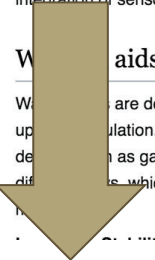
Walking aids are devices that help with walking. They include canes, crutches, and walkers. They are used by people with various types of disabilities, including those with leg weakness, balance problems, and vision impairment.

Lead paragraph/s:  
Emboldened name, DOB, notability statement/s, summary of content

Main photo or infobox placement



Wheelchair user entering a bus in Rio de Janeiro, Brazil



Sections with detail below lead  
See: **WP:Manual of Style** for guidance on section headers

Disability	
<b>Theory and models</b>	<a href="#">[show]</a>
<b>Education</b>	<a href="#">[show]</a>
<b>Therapy</b>	<a href="#">[show]</a>
<b>Societal implications</b>	<a href="#">[show]</a>
<b>Personal assistance</b>	<a href="#">[show]</a>
<b>Socioeconomic assistance</b>	<a href="#">[show]</a>
<b>Groups · Organizations</b>	<a href="#">[show]</a>
<b>Parasports</b>	<a href="#">[show]</a>

# References

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## Walker cane hybrid [\[edit\]](#) [\[edit source\]](#)

A walker cane hybrid<sup>[6]</sup> was introduced in 2012 designed to bridge the gap between a cane and a walker. The hybrid has two legs which provide lateral (side-to-side) support which a cane does not. It can be used with one or two hands in front of the user, similar to a walker, and provides an increased level of support compared to a cane. It can be adjusted for use with either one or two hands, at the front and at the side, as well as a stair climber. The hybrid is not designed to replace a walker which normally has four legs and provides support using both hands.

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## References [\[edit\]](#) [\[edit source\]](#)

- <sup>1</sup> [^](#) "Mobility Aids" [↗](#). *MedlinePlus*. Retrieved 2021-03-12.
  - <sup>2</sup> [^](#) "Reduced-rate VAT on mobility aids for older people" [↗](#). London: HM Revenue and Customs. Retrieved 2021-03-12.
  - <sup>3</sup> [^](#) Acerbi, A; Graffigna, J P; Polimeni, G; Fernández, H H (2007). "Mobility aid for blind figure skaters" [↗](#). *Jc*. 012098. Bibcode:2007JPhCS..90a2098A [↗](#). doi:10.1088/1742-6596/90/1/012098 [↗](#).
  - <sup>4</sup> [^](#) Bostelman, R; Russo, P; Albus, J; Hong, T; Madhavan, R (2006). "Applications of a 3D Range Camera To Robotics" [↗](#). *Conference on Networking, Sensing and Control*. Gaithersburg, MD: National Institute of Science and Technology. Archived from the original [↗](#) on 2006-11-17.
  - <sup>5</sup> [^](#) "Description of Forearm Crutch" [↗](#). Ceredigion, UK: SafetyNet Systems. Archived from the original [↗](#) on 2006-11-17.
  - <sup>6</sup> [^](#) "A Multi-configuration Walking Apparatus – US Patent Application 12/817,073" [↗](#) <sup>[*dead link*]</sup>.
- Michael W. Whittle, R (2008). "Pathological and Other Abnormal gaits", *Gait Analysis, An Introduction* (2nd ed., pp. 125-130).

# Hyperlinks

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## Walking aids [\[ edit | edit source \]](#)

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Walking aids are devices designed to assist individuals with mobility impairments in maintaining upright ambulation. These aids include [assistive canes](#), [crutches](#), [walkers](#), and more specialized devices such as gait trainers, and upright canes. Each type of aid is designed to support users in different ways, which include improving stability, reducing lower-limb loading, and facilitating movement.

### **Improving Stability**

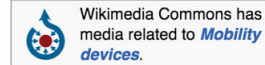
Walking aids enhance stability by providing additional points of contact, which expand the user's range of stable center of gravity positioning.

### **Reducing Lower-Limb Loading**

# Additional Sections – Selected

## External links [ edit | edit source ]

- [Assistive Devices and Mobility Aids: Travelers with Disabilities and Medical Conditions](#) ↗ Regulations for travelers from the [US Transportation Security Administration](#)



V·T·E		Disability		[hide]
<b>Main topics</b>	Disability · Disability studies · Medical model · Social model			
<b>Approaches</b>	IEP · Inclusion · Learning disability · Mainstreaming · Physical therapy (driver rehabilitation) · Special needs (school · education)			
<b>Rights, law, support</b>	<b>Rights</b>	Ableism/disablism · Disability rights · Pejorative terms		
	<b>Law</b>	AODA · ADA · Convention on the Rights of Persons with Disabilities · Declaration on the Rights of Disabled Persons · International Classification of Functioning, Disability and Health		
	<b>Services</b>	Services for mental disorders · Services for disabled people		
	<b>Support</b>	DLA · ODSP · Rail · SSDI · SSI · Students · CNIB		
	<b>Activist groups</b>	CCD · DPI · MINDS · Reach Canada		
<b>Structural and assistive</b>	Accessible toilet · Activities of daily living · Assistive technology · Independent living · <b>Mobility aid</b> · Orthotics and braces · Personal Care Assistant · Physical accessibility · Prosthetics · Universal design · Web accessibility			
<b>Social issues</b>	Augmentative and alternative communication · Emotional or behavioral disability · Invisible disability · Disability and LGBT identities · Disability and religion · Disability and poverty · Disproportionality in Special Education · Sexuality and disability · Youth and disability			
<b>Arts, media, culture, sport</b>	Disability culture · Disability art · Disability in the arts (Disability in children's literature · Disability in horror films) · Disability in the media · Paraspports (Deaflympics · Paralympics · Special Olympics)			
<span> Category</span> · <span> Lists</span>				

Categories (+<sup>+</sup>): [Mobility devices](#) (–) (±) | [Accessibility](#) (–) (±) | (+)

# Editing Existing Articles



# Editing with Visual Editor

1. Open a Wikipedia article.
2. Select “Edit” to use visual editor.

The image shows a screenshot of a Wikipedia article titled "Mobility aid". The article text reads: "A *start-class* article from Wikipedia, the free encyclopedia". Below the text, there is a callout box labeled "Formatting buttons" pointing to the top toolbar. Another callout box labeled "Editing buttons" points to the "Edit" button in the top navigation bar. A third callout box labeled "Editing buttons" points to the "Visual editing" and "Source editing" options in the dropdown menu that appears when the "Edit" button is clicked. The "Visual editing" option is selected. In the bottom right corner, there is a small image of a woman sitting in a wheelchair next to a white van.

**Formatting buttons**

**Editing buttons**  
Edit = Visual Editor; Edit Source = Code  
Editors can also be accessed with the pencil icon.

Article [Talk](#) [Read](#) [Edit](#) [Edit source](#) [View history](#) [TW](#)


Paragraph [A](#) [Cite](#) [Insert](#) [?](#) [Publish changes...](#)

*A start-class article from Wikipedia, the free encyclopedia*

[Anchor](#)

A **mobility aid** is a device that helps individuals with mobility impairments [TurismoInclusivoFoto.jpg](#) e their overall mobility.<sup>[1]</sup>

These aids range from walking aids, which assist those with limited walking capabilities, to wheelchairs and mobility scooters, which are used for severe disabilities or longer distances that would typically be covered



# Add or Edit Content

---

3. Place cursor in desired location.
4. Add or edit text.

When adding new content, you must cite your sources.

## Walking aids

---

Walking aids are devices designed to assist individuals with mobility impairments in maintaining upright ambulation. These aids include [assistive canes](#), [crutches](#), [walkers](#), and more specialized devices such as gait trainers, and upright walkers. Each type of aid is designed to support users in different ways, which include improving stability, reducing lower-limb loading, and facilitating movement.

### Improving Stability

Walking aids enhance stability by providing additional points of contact, which expand the user's range of stable center of gravity positioning.

### Reducing Lower-Limb Loading

By transferring the load to the arms, walking aids significantly reduce the impact and static forces exerted on the affected limbs, alleviating stress and potential pain.]:

### Facilitating Movement

By transferring the load to the arms, walking aids significantly reduce the impact and static forces exerted on the affected limbs, alleviating stress and potential pain.

## Canes



# Citing Your Sources

1. Place cursor in desired location.
2. Select “Cite” (quote icon).
3. Select “Automatic” (for URLs, etc.), “Manual” (to customize fields), or “Reuse” (to cite a source that already has been used).

The screenshot shows a text editor interface. The top toolbar includes a 'Cite' button (represented by a quote icon) which is circled in red. Below the toolbar, there is a text area with some content. A dialog box titled 'Add a citation' is open, also circled in red. The dialog box has three tabs: 'Automatic', 'Manual', and 'Re-use'. Under the 'Automatic' tab, there are options for 'Website', 'News', and 'Basic'. Under the 'Re-use' tab, there are options for 'Book' and 'Journal'. The background text is partially obscured by the dialog box and the red circles.

# Creating Links Between Wikipedia Articles

1. Select text.
2. Select link icon.
3. Select article and “Done.”

\*When adding an external link in an external links section, enter the title of what you are adding, highlight the text, select the link icon, paste a URL, and select “Done.”



## Walking aids

Walking aids are devices designed to assist individuals with mobility impairments in maintaining upright ambulation. These aids include [assistive canes](#), [crutches](#), [walkers](#), and more specialized devices such as [rollators](#) and [quad canes](#). They are used to support users in different ways, such as [weight-bearing](#) and [facilitating movement](#).

## Improving Stability

Walking aids can provide a range of stability.

## Reducing Load

By transferring the load exerted on the lower limbs

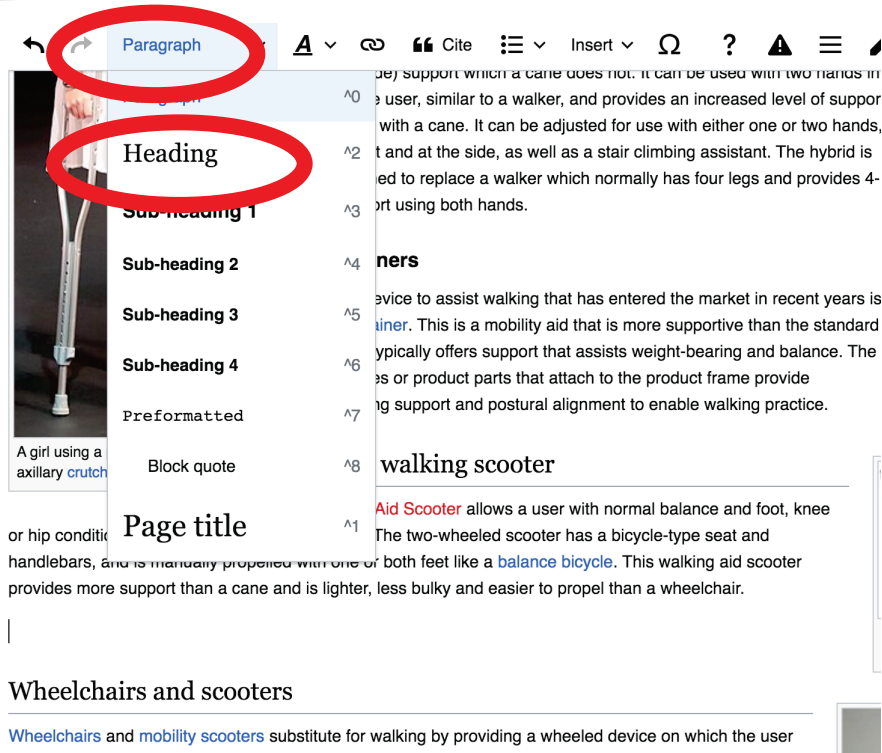
## Facilitating Movement

By transferring the load to the arms, walking aids significantly reduce the impact and static force



# Adding Sections with Headings

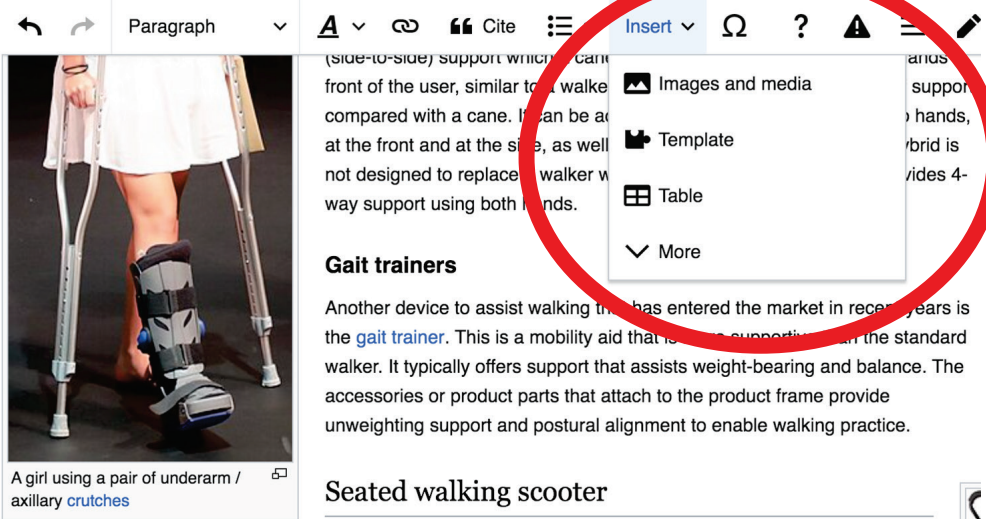
1. Place cursor.
2. Select “Paragraph.”
3. Select “Heading.”
4. Add heading text.
5. Select enter/return to continue with regular font.



The screenshot shows a rich text editor interface. The top toolbar includes icons for undo, redo, text color, link, quote, list, insert, and help. Below the toolbar, a dropdown menu is open, displaying various text formatting options. The 'Paragraph' option is highlighted in blue and circled in red. Below it, the 'Heading' option is also circled in red. Other options in the menu include 'Sub-heading 1' through 'Sub-heading 4', 'Preformatted', 'Block quote', and 'Page title'. The background of the editor shows a document with text about a walking scooter, with a small image of a person using a crutch. The text in the background is partially obscured by the menu and the red circles.

# Adding Photos with Wikimedia Commons

1. Place cursor in desired location (left or right).
2. Select: “Insert” + “Media.”



The screenshot shows a text editor interface. On the left, there is a photo of a girl using a pair of underarm/axillary crutches. Below the photo is a caption: "A girl using a pair of underarm / axillary crutches". To the right of the photo is a text block with the heading "Gait trainers" and a paragraph of text. Further right is another text block with the heading "Seated walking scooter" and a paragraph of text. A red circle highlights the "Insert" dropdown menu, which is open and shows the following options: "Images and media", "Template", "Table", and "More". The "Images and media" option is selected.

Paragraph

Insert

- Images and media
- Template
- Table
- More

(side-to-side) support which can be used in front of the user, similar to a walker, but compared with a cane. It can be used at the front and at the side, as well as not designed to replace a walker which provides 4-way support using both hands.

### Gait trainers

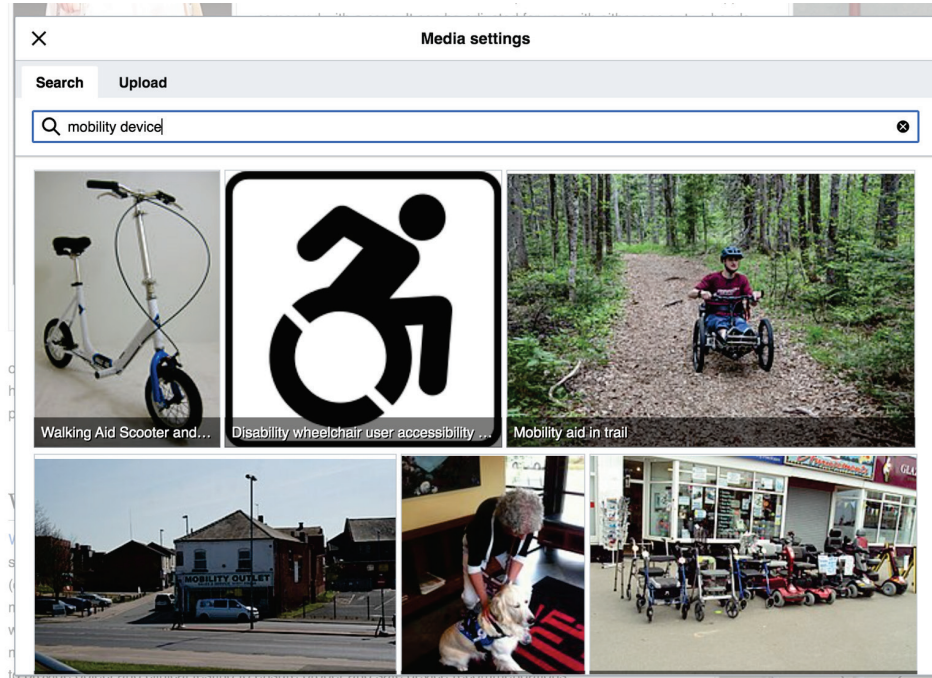
Another device to assist walking that has entered the market in recent years is the [gait trainer](#). This is a mobility aid that is designed to support the standard walker. It typically offers support that assists weight-bearing and balance. The accessories or product parts that attach to the product frame provide unweighting support and postural alignment to enable walking practice.

### Seated walking scooter

The [Walk Aid Scooter](#) allows a user with normal balance and foot, knee or hip conditions to unload the lower extremities. The two-wheeled scooter has a bicycle-type seat and handlebars, and is manually propelled with one or both feet like a [balance bicycle](#). This walking aid scooter provides more support than a cane and is lighter, less bulky and easier to propel than a wheelchair.

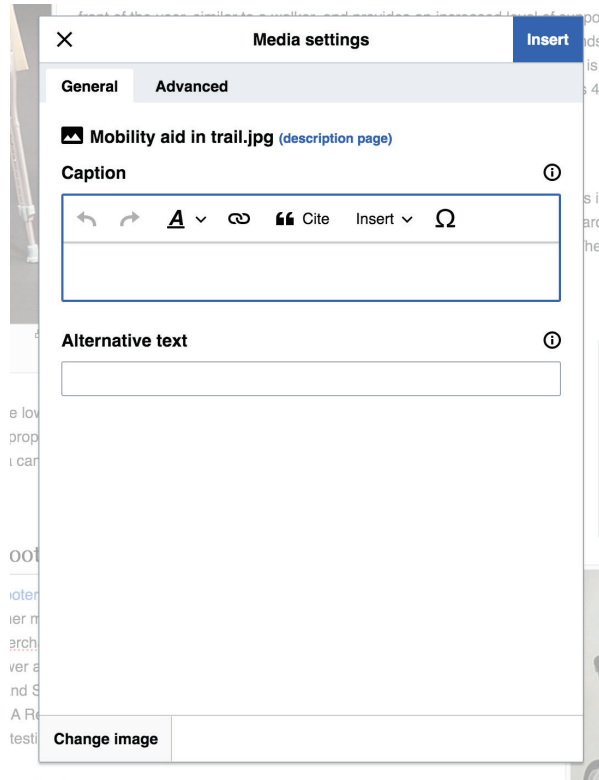
# Adding Photos with Wikimedia Commons (cont'd)

3. Enter search term.
4. Select photo + “Use this image.”




# Adding Photos with Wikimedia Commons (cont'd)

5. Caption your image and add alternative text
6. Select “Insert.”



# Publish

1. Select “Publish changes.”
2. Add brief note in “Edit Summary” field.
3. Select “Publish changes” once more.

“ Cite ☰ Insert Ω ? ⚠ ☰  Publish changes...

support which a cane does not. It can be used with two hands or, similar to a walker, and provides an increased level of support on a cane. It can be adjusted for use with either one or two hands, held at the side, as well as a stair climbing assistant. The hybrid is used to replace a walker which normally has four legs and provides 4-point support on both hands.

rs

ere to assist walking that has entered the market in recent years is the forearm crutch. This is a mobility aid that is more supportive than the standard cane. It offers support that assists weight-bearing and balance. The forearm crutch has several product parts that attach to the product frame provide support and postural alignment to enable walking practice.



alking scooter

**Scoter** allows a user with normal balance and foot, knee and hip strength. A two-wheeled scooter has a bicycle-type seat and



To quickly abandon changes made to an article, select “Read” (next to “Edit/Edit Source”), and your edits will not be saved.

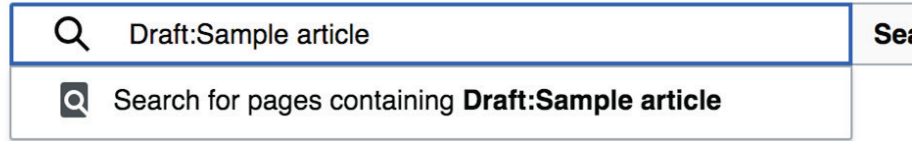
# Creating New Articles





# Method 1: Creating Article Drafts

1. Open Wikipedia and log in.
2. Enter “Draft: Article name” into the WP search bar. If it doesn’t exist, you will be presented with a red link.
3. Select the red link to open a blank page.
4. Add a references header at the bottom.
5. Return to the top and add text, sources, hyperlinks, etc.
6. Publish when ready.



## Search results

A screenshot of the Wikipedia search results page. The search bar at the top contains "Draft:Sample article" and a "Search" button. Below the search bar, there are two dropdown menus. The first is labeled "Advanced search:" and has "Sort by relevance" selected. The second is labeled "Search in:" and has "(Article) X" selected. There is also a "Search Wikipedia" button.

The page "[Draft:Sample article](#)" does not exist. You can click on "[Draft:Sample article](#)" to create the page directly, or you may [request that it be created](#), but consider checking the search results below to see whether the topic is already covered.

[View](#) (previous 20 | [next 20](#)) (20 | [50](#) | [100](#) | [250](#) | [500](#))

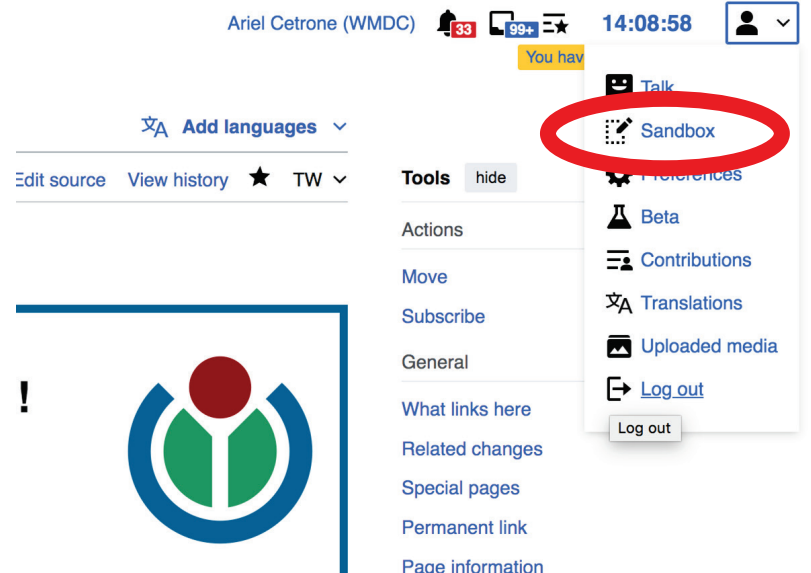
[Draft:Sample article](#)

Drafts can be moved into mainspace once new editors have published 10 edits or have had a username for 4 days. Articles can also be created directly in Wikipedia mainspace by entering the article name in the WP search bar without “Draft:” and by following steps 3–5. This is not recommended for new or inexperienced editors.

# Method 2: Creating Sandbox Articles

1. Select the “person” icon on the top right.
2. Select “Sandbox.”
3. Add a references header at the bottom.
4. Return to the top and add text and sources.
5. Publish when ready.

Articles in a sandbox can be moved into mainspace once new editors have published 10 edits or have had a username for 4 days.



# Moving Draft or Sandbox Articles

1. When the draft or sandbox page is ready for Wikipedia mainspace, go to the draft article or Sandbox page and select “Move.”

**Draft:Sappington Village** [ edit | edit source ] 🌐 Add languages

Draft Talk Read Edit Edit source View history ★ TW

From Wikipedia, the free encyclopedia ORES predicted quality: 👍 Stable (1.49)

**Sappington Village** was an unincorporated village located in what is now Odenton in Anne Arundel County, Maryland. The village was a community of farmers, including brothers Thomas and John Sappington and their families, who settled in the area in the mid-19th century.<sup>[1]</sup> It continued to appear on maps and train time tables as late as the 1930s. Sappington had a post office as well as a one-room elementary school, the Sappington School, which was established for black children. The only remaining non-residential structure from the village is the Macedonia United Methodist Church.<sup>[1]</sup>

**References** [ edit | edit source ]

- <sup>a</sup> <sup>b</sup> White, Roger (October 16, 1991). "19TH-CENTURY RECORDS HOLD KEY TO VILLAGE'S DISAPPEARANCE" ↗. *The Baltimore Sun*. Archived ↗ from the original on February 2, 2023.

**External links** [ edit | edit source ]

- Macedonia United Methodist Church ↗
- Anne Arundel County Historical Society ↗

**Actions**

- Move**
- General
- What links here
- Related changes
- Special pages
- Permanent link
- Page information
- Word count
- Print/export
- Download as PDF
- Printable version

# Moving Draft or Sandbox Articles (cont'd)

2. Open “New title:” dropdown menu and select “(Article).”

For sandbox articles, change the name to the appropriate article name.

3. Select “Move page.”

## Move Draft:Sappington Village

[?](#) Help

Draft [Talk](#)

[Read](#) [Edit](#) [Edit source](#) [View history](#) [★](#)

[← Draft:Sappington Village](#)

Using the form below will rename a page, moving all of its history to the new name. The old title will become a [redirect](#) page to the new title. **Links to the old page title will not be changed.** Be sure to check for [double](#) or [broken redirects](#). You are responsible for making sure that links continue to point where they are supposed to go.

**Note:** This can be a drastic and unexpected change for a popular page; please be sure you understand the consequences of this before proceeding. Please read [Wikipedia:Moving a page](#) for more detailed instructions.

### Move page

New title:

(Article) [▼](#)

Sappington Village

Reason:

Other reason [▼](#)

Other/additional reason:

Watch source page and target page

[Move page](#)

# Uploading Photos or Files to Wikicommons



WIKIPEDIA  
The Free Encyclopedia

# Adding Images or Files

1. Go to [commons.wikimedia.org](https://commons.wikimedia.org)
2. Select “Upload.”



ommons

reely usable media files to which anyone can contribute

[Images](#)

[Sounds](#)

[Videos](#)

[Upload](#)



Picture of the Year

Help select the 2017  
Picture of the Year. Round  
2 ends 22 July.



# Adding Images or Files (cont'd)


---

## 3. Select media files to share.

Special page

### Upload Wizard

[Leave feedback](#) · [Alternative upload methods](#) · [Back to the old form](#)

 Please visit [Commons:Help desk](#) if you need to ask questions about uploading files.

Learn

**Upload**

Release rights

Describe

**Select media files to share**

Back

# Adding Images or Files (cont'd)

## 4. Select “Continue”

### Upload Wizard

[Leave feedback](#) · [Alternative upload methods](#) · [Back to the old form](#)

! Please visit [Commons:Help desk](#) if you need to ask questions about uploading files.

Learn

**Upload**

Release rights

Describe

Add data

Use



Angler's footbridge.jpg

Uploaded

 Remove



Add more files

Add more images from Flickr

Back

All uploads were successful!

**Continue**

1 of 1 file uploaded



# Adding Images or Files (cont'd)

## 5. Address Copyright.

### Upload Wizard

[Leave feedback](#) · [Alternative upload methods](#) · [Back to the old form](#)

! Please visit [Commons:Help desk](#) if you need to ask questions about uploading files.

Learn

Upload

**Release rights**

Describe

Add data

Use



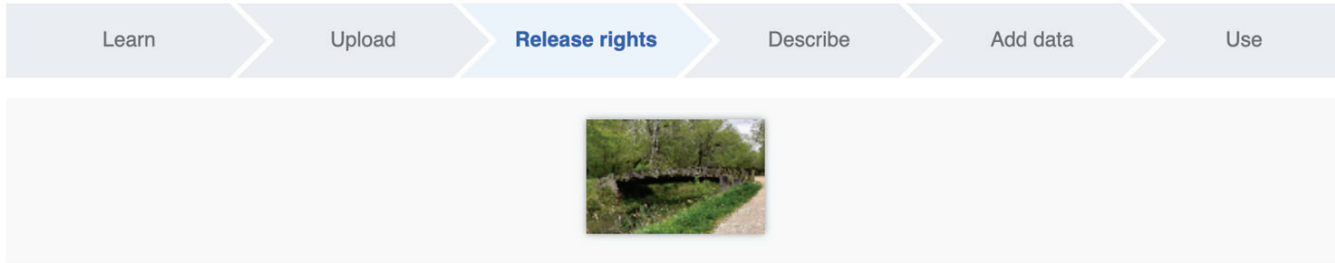
This site requires you to provide copyright information for this work, to make sure everyone can legally reuse it.

- This file is my own work.
- This file is not my own work.

Back

# Adding Images or Files (cont'd)

## 5a. Release the rights if it is your own work.



This site requires you to provide copyright information for this work, to make sure everyone can legally reuse it.

This file is my own work.

I, , the copyright holder of this work, irrevocably grant anyone the right to use this work under the Creative Commons Attribution ShareAlike 4.0 license ([legal code](#)).

(Anyone may use, share or remix this work, as long as they credit me and share any derivative work under this license.)

[Use a different license](#)

This file is not my own work.

**Back**

**Next**

# Adding Images or Files

5b. If not your own work, name the source and select the appropriate Creative Commons license or another reason it is license free or in the public domain (e.g., pre-1928, published for the U.S. government).

This site requires you to provide copyright information for this work, to make sure everyone can legally reuse it.

- This file is my own work.  
 This file is not my own work.

#### Source

Where this digital file came from — could be a URL, or a book or publication.

#### Author(s)

The name of the person who took the photo, or painted the picture, drew the drawing, etc.

Now tell us why you are sure you have the right to publish this work:

#### ▼ The copyright holder published this work with the right Creative Commons license

Not all Creative Commons licenses are good for this site. Make sure the copyright holder used one of these licenses.

If the work is already published online, but not under that license online, or if you aren't the copyright holder of the work, please follow the steps described at [COM:OTRS](#) (the copyright holder has to send an email with relevant permission) and add `{{subst:OP}}` to the "Source" field above.


- Creative Commons Attribution ShareAlike 4.0 ([legal code](#)) ⓘ ⓘ  
 Creative Commons Attribution ShareAlike 3.0 ([legal code](#)) ⓘ ⓘ


# Adding Images or Files (cont'd)

## 6. Describe the image.

---

Learn > Upload > Release rights > **Describe** > Add data > Use





 Remove

**Image title**  
Create a unique descriptive title using plain language with spaces. Omit the file extension, if any.

Angler's Footbridge C&O Canal Potomac, Maryland

**Caption**  
Add a one-line explanation of what this file represents, including only the most relevant information. *Optional*

English  

Angler's Footbridge C&O Canal Potomac, Maryland

[+ Add a caption in another language](#)

**Description**  
Provide all information that will help others understand what this file represents.

# Adding Images or Files (cont'd)

7. Add metadata (optional); e.g., footbridge.
8. Publish.

## Angler's Footbridge C&O Canal Potomac, Maryland

Angler's\_Footbridge\_C&O\_Canal\_Potomac,\_Maryland.jpg



Items portrayed in this file

*depicts*

from Wikidata



# Webcast Evaluation

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<https://survey.alchemer.com/s3/7931210/Evaluation-WikipediaWebcast86>

 [ktdrr.org](http://ktdrr.org)

 [ktdrr@air.org](mailto:ktdrr@air.org)

 800.266.1832

The contents of this presentation were developed under grant number 90DPKT0010 from the National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR). NIDILRR is a Center within the Administration for Community Living (ACL), Department of Health and Human Services (HHS). The contents of this presentation do not necessarily represent the policy of NIDILRR, ACL, HHS, and you should not assume endorsement by the Federal Government.